

# Fatty acid amide hydrolase binding is inversely correlated with amygdalar functional connectivity: a combined positron emission tomography and magnetic resonance imaging study in healthy individuals

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**Background:** Upregulation of the endocannabinoid enzyme fatty acid amide hydrolase (FAAH) has been linked to abnormal activity in frontoamygdalar circuits, a hallmark of posttraumatic stress disorder. We tested the hypothesis that FAAH levels in the amygdala were negatively correlated with functional connectivity between the amygdala and prefrontal cortex, subserving stress and affect control. **Methods:** Thirty-one healthy participants completed positron emission tomography (PET) imaging with the FAAH probe [C-11]CURB, and resting-state functional MRI scans. Participants were genotyped for the FAAH polymorphism rs324420, and trait neuroticism was assessed. We calculated amygdala functional connectivity using predetermined regions of interest (including the subgenual ventromedial prefrontal cortex [sgvmPFC] and the dorsal anterior cingulate cortex [dACC]) and a seed-to-voxel approach. We conducted correlation analyses on functional connectivity, with amygdala [C-11]CURB binding as a variable of interest. **Results:** The strength of amygdala functional connectivity with the sgvmPFC and dACC was negatively correlated with [C-11]CURB binding in the amygdala (sgvmPFC:  $r = -0.38$ ,  $q = 0.04$ ; dACC:  $r = -0.44$ ;  $q = 0.03$ ). Findings were partly replicated using the seed-to-voxel approach, which showed a cluster in the ventromedial prefrontal cortex, including voxels in the dACC but not the sgvmPFC (cluster-level, family-wise error rate corrected  $p < 0.05$ ). **Limitations:** We did not replicate earlier findings of a relationship between an FAAH polymorphism (rs324420) and amygdala functional connectivity. **Conclusion:** Our data provide preliminary evidence that lower levels of FAAH in the amygdala relate to increased frontoamygdalar functional coupling. Our findings were consistent with the role of FAAH in regulating brain circuits that underlie fear and emotion processing in humans.

## Introduction

Emotion dysregulation — characterized by the inability to manage negative emotions such as fear, anger or sadness — is a common symptom of many mental health disorders. Elevated amygdala hyperactivity has been linked with emotion dysregulation and trait neuroticism (a tendency to experience anxiety, fear and depressed mood),<sup>1</sup> and is a risk phenotype for psychiatric disorders, including posttraumatic stress disorder (PTSD).<sup>2,3</sup> Mounting evidence suggests that the endo-

cannabinoid system — and in particular one of its key enzymes, fatty acid amide hydrolase (FAAH) — is critically involved in emotion regulation and fear processing.<sup>4</sup> In this study we investigated the relationship between brain levels of the enzyme FAAH and functional connectivity in the amygdalar networks that regulate stress and affect.

Fatty acid amide hydrolase is the primary catabolic enzyme for the major endocannabinoid N-arachidonylethanolamine (anandamide, AEA) and for other ethanolamides, including oleylethanolamine and palmitoylethanolamide.

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Submitted Jan. 22, 2020; Revised Jul. 3, 2020; Accepted Sept. 29, 2020

DOI: 10.1503/jpn.200010

A cannabimimetic eicosanoid, AEA signals via the cannabinoid type 1 (CB1) receptor; efforts to increase its levels in brain by blocking FAAH may have therapeutic potential.<sup>5</sup> In this regard, recent work has demonstrated that pharmacological inhibition of FAAH in humans can reduce physiologic and behavioural stress responses and enhance fear extinction.<sup>6</sup>

Reduced FAAH activity can be inherited through a single nucleotide polymorphism (rs324420, C385A, P129T) which destabilizes the FAAH enzyme.<sup>7</sup> The minor A allele (A/A homozygotes and A/C heterozygotes) is found in 38% of people of European descent,<sup>8</sup> who consequently have lower FAAH binding in brain.<sup>9</sup> Genetic association studies have found that people with the C385A minor allele are less sensitive to pain and cold and have lower trait anxiety.<sup>2,10</sup> This association has also recently been made in the remarkable case report of a woman who inherited both the *FAAH* C385A hypomorphic allele and a microdeletion in a *FAAH* pseudogene and lives without pain or worry.<sup>11</sup> Preclinical studies using pharmacological manipulations and gene knockout mice have also suggested that an elevation in AEA through blockade of FAAH decreases nociception, anxiety, fear responses and amygdala neuron excitability to threat.<sup>5</sup>

Echoing preclinical findings,<sup>5</sup> some human fMRI studies have shown that people with the *FAAH* C385A minor allele variant have blunted amygdala reactivity<sup>12</sup> and increased temporal habituation of amygdala activity<sup>13</sup> to threat; they express low trait anxiety and stress reactivity compared with C/C homozygotes.<sup>2</sup> Both functional and structural connectivity studies have shown an association between the *FAAH* rs324420 single nucleotide polymorphism and both frontolimbic structural connectivity<sup>14</sup> and amygdala resting-state functional connectivity.<sup>15,16</sup> Specifically, compared with C/C homozygotes, people with the A allele have greater frontolimbic structural connectivity (based on diffusion tensor imaging)<sup>14</sup> and functional connectivity,<sup>15,16</sup> but not task-related effective connectivity,<sup>15</sup> between the amygdala and medial prefrontal regions. Functional connectivity studies have so far been inconsistent with respect to the regional extent of their findings: one study showed greater coupling with the subgenual ventromedial prefrontal cortex (sgvmPFC)<sup>16</sup> and the other with the dorsal anterior cingulate cortex (dACC).<sup>15</sup> Although both of these regions are chiefly involved in emotion and fear processing, they are believed to have distinct roles. For example, the sgvmPFC and dACC have been involved in the generation and appraisal of emotional responses, respectively. But they have been involved differently in the acquisition and expression of conditioned fear; the sgvmPFC has a presumed role in conditioned aversion, whereas the dACC is involved in the cognitive-affective aspects of fear and pain.<sup>17,18</sup> In the current study, we investigated functional connectivity in both of these frontolimbic circuits.

We developed [C-11-carbonyl]-6-hydroxy-[1,10-biphenyl]-3-yl cyclohexylcarbamate ([C-11]CURB), the first available positron emission tomography (PET) radiotracer for imaging FAAH.<sup>19</sup> Kinetic analysis of [C-11]CURB indicates that the composite parameter  $\lambda k_3$  ( $\lambda = K_1/k_2$ ), de-

rived from a 2-tissue compartment model for irreversible trapping, is a robust index of FAAH levels<sup>20</sup> with strong test-retest reliability (< 10%).<sup>21</sup>

We combined [C-11]CURB PET imaging with resting-state functional MRI in healthy participants to examine whether amygdala [C-11]CURB binding was related to amygdala functional connectivity. Based on previous literature showing greater functional connectivity between the amygdala and the sgvmPFC or dACC in people with the *FAAH* C385A single nucleotide polymorphism,<sup>15,16</sup> we hypothesized that lower [C-11]CURB binding in the amygdala would be correlated with stronger functional connectivity between the amygdala and the sgvmPFC and dACC. We explored whether trait neuroticism was related to functional connectivity and [C-11]CURB binding.

## Methods

### Participants

We recruited 34 participants using online advertisements. They provided written informed consent to complete a [C-11]CURB PET and an MRI scan as part of 2 studies approved by the Centre for Addiction and Mental Health Research Ethics Board. The [C-11]CURB PET data from 20 participants have been published previously.<sup>9,22</sup> Participants were excluded if they had significant medical conditions, neurologic illnesses, head trauma, Axis I psychiatric disorders as per the Structured Clinical Interview for DSM-IV,<sup>23</sup> or MRI and PET contraindications (including pregnancy). We used urine testing on scan days (Rapid Response BTNX Inc.) and scalp hair samples at screening (United States Drug Testing Laboratories) to exclude participants with recent drug use. All participants were asked to complete the NEO Personality Inventory-Revised to assess trait neuroticism. We genotyped *FAAH* C385A rs324420 according to published procedures, because it affects [C-11]CURB quantification.<sup>9</sup>

### PET image acquisition and reconstruction

We took urine samples to rule out pregnancy and recent drug use. We also assessed recent alcohol and tobacco use, determined by breath-alcohol and expired carbon monoxide (> 10 ppm) measurements, respectively, before the PET scan. Smokers were asked not to smoke on the day of the scan.

[C-11]CURB radiosynthesis has been described previously.<sup>24</sup> We performed PET scans on an HRRT brain tomograph (CPS/Siemens) as described in Rusjan and colleagues.<sup>20</sup> Briefly, participants received an injection of  $342 \pm 33$  MBq (mean  $\pm$  standard deviation) of [C-11]CURB while supine, with their head secured by a thermoplastic mask. We then acquired emission data for 1 hour in sequential frames of increasing duration.<sup>9</sup> Images were reconstructed from 2D sinograms with a 2D filtered-back projection algorithm, using a HANN filter at Nyquist cut-off frequency. We counted radioactivity in arterial blood with an automatic blood sampling system (Model PBS-101, Veenstra Instruments) for the first 22.5 minutes after injection. We measured

radioactivity in plasma and metabolization from arterial blood samples extracted at 3, 7, 12, 20, 30, 45 and 60 minutes after injection. We generated a metabolite-corrected plasma curve and used it as the input function for the kinetic analysis.<sup>20</sup> We interpolated blood-to-plasma radioactivity ratios using a biexponential function, and the parent plasma fraction using a Hill function.

### *PET image analyses*

We extracted time–activity curves in the amygdala and 10 other ROIs (hippocampus, occipital cortex, parietal cortex, medial prefrontal cortex, prefrontal cortex, cingulate cortex, temporal cortex, ventral striatum, dorsal striatum and thalamus) using ROMI, as described in Rusjan and colleagues.<sup>25</sup> We analyzed regional time–activity curves using a 2-tissue compartment model for irreversible trapping as described in Rusjan and colleagues,<sup>20</sup> generating regional  $\lambda k_3$  ( $\lambda k_3 = k_3 \times K_1/k_2$ ), the outcome measure for FAAH levels. Amygdala  $\lambda k_3$  was the variable of interest in the current study.

### *MRI data acquisition*

We acquired MRI data using a 3T GE Discovery MR750 with an 8-channel radiofrequency head coil (General Electric). We obtained proton-density images for PET coregistration and region of interest (ROI) delineation (spin echo imaging; repetition time = minimum/full, ~6 s; echo time = 13.7 ms; echo train length = 8; receiver bandwidth  $\pm$  15.6 kHz; field of view = 22 cm; matrix size = 256  $\times$  256; slice thickness = 2 mm). We obtained sagittal  $T_1$ -weighted structural MRIs for resting-state functional MRI coregistration and ROI delineation (repetition time = 6.7 ms; echo time = 3 ms; inversion time = 600 ms; flip angle = 8°; field of view = 230  $\times$  230 mm; matrix size = 256  $\times$  256  $\times$  200; voxel size = 0.9 mm<sup>3</sup>). We obtained resting-state functional MRI data over 7 minutes using a  $T_2^*$ -weighted spiral-in and -out 2D gradient echo sequence (repetition time = 2500 ms; echo time = 30 ms; flip angle = 70°; 39 sequential slices with no gap; field of view = 200  $\times$  200 mm; matrix size = 64  $\times$  64; slice thickness = 3.0 mm; voxel size = 3.1  $\times$  3.1  $\times$  3.0 mm).<sup>26</sup> We obtained a total of 168 volumes per scan.

### *Resting-state fMRI analyses*

We conducted analyses using FMRIB Software Library (FSL; www.fmrib.ox.ac.uk/fsl), Statistical Parametric Mapping 12 (SPM12; www.fil.ion.ucl.ac.uk/spm) and the Functional Connectivity toolbox (CONN v17f; www.nitrc.org/projects/conn, RRID:SCR\_009550). The first 4 volumes of each scan were discarded for magnetization equilibrium, leaving 164 volumes for analysis. We removed MRI sequence-specific artifacts using the ICA-based denoising tool (MELODIC) in FSL, separately on the spiral-in and spiral-out images. We removed artifact-related components using the FIX toolbox in FSL.<sup>27</sup> This procedure included the automated removal of non-brain tissue (BET<sup>28</sup>) and head-motion correction (MCFLIRT<sup>29</sup>). We compared the cleaned spiral-in and spiral-out functional

images with a weighted average.<sup>26</sup> We performed further pre-processing steps of the combined functional images in the CONN toolbox. We identified outlier volumes for global signal intensity and head motion using Artifact Detection Tools (ART; with 5 for z-score scan-to-scan global signal changes and 0.9 for scan-to-scan head-motion composite changes) as implemented in CONN, and we used them as the confounds in the post-processing steps. We normalized the functional data using affine transformation to the SPM echo planar imaging template in standard space, followed by nonlinear registration to the echo planar imaging template and resampling to 2 mm isotropic voxels using fourth-order spline interpolation.<sup>30</sup> We then spatially smoothed the normalized resting-state functional MRI data with a 6 mm full width at half maximum Gaussian kernel. The post-processing steps included regression of confounds, linear detrending and band-pass filtering (0.008–0.09 Hz), performed simultaneously as implemented in CONN. Specifically, the 6 head-motion parameters with first-order derivatives were included. We obtained 5 principal components from the mean blood-oxygen-level-dependent time series of white matter and cerebrospinal fluid time series using the CompCor method.<sup>31</sup>

We calculated the mean frame-wise displacement value using the method described in Van Dijk and colleagues,<sup>32</sup> and 3 participants with a mean frame-wise displacement greater than 0.3 mm were excluded from further analysis. We subjected the resulting resting-state functional MRI data of 31 participants to functional connectivity analysis.

### *Functional connectivity: ROI-to-ROI approach*

Our primary aim was to test the hypothesis that lower amygdalar [C-11]CURB  $\lambda k_3$  would correlate with stronger functional connectivity between the amygdala and the sgvmPFC and dACC. The approach in the following section replicates the methodology described in Gärtner and colleagues<sup>15</sup> and Dincheva and colleagues.<sup>16</sup>

We created the anatomic bilateral amygdala mask using Wake Forest University PickAtlas software.<sup>33</sup> We created spherical prefrontal ROI masks with a radius of 4 mm centred on the coordinates derived from Dincheva and colleagues.<sup>16</sup> Specifically, the prefrontal ROIs included the sgvmPFC (Montreal Neurological Institute [MNI] coordinates  $x, y, z = 0, 40, -3$ ) and dACC ( $x, y, z = -3, 25, 19$ ). Temporal signal-to-noise ratio calculated with FSL suggested that ROI masks were of sufficient size. We defined functional connectivity strength as the bivariate Pearson correlation coefficient  $r$  of the 2 time series. We calculated amygdala–sgvmPFC and amygdala–dACC functional connectivity at the participant level and converted it to z-scores using the Fisher  $r$ -to- $z$  transformation, which we in turn subjected to group-level correlation analysis with amygdalar FAAH  $\lambda k_3$ .

### *Functional connectivity: seed-to-voxel approach*

Applying the amygdala mask used in the ROI-to-ROI analysis, we also obtained whole-brain amygdala functional connectivity maps using a seed-to-voxel approach and identified

regions over the whole brain in which functional connectivity with the amygdala was related to the amygdala [C-11]CURB  $\lambda k_3$ . At the participant level, we extracted the averaged blood-oxygen-level-dependent time series of the amygdala from all voxels in the amygdala seed ROI. We carried out linear regression analysis between the amygdala time series and the time series of the rest of the brain in a voxel-wise manner, resulting in a functional connectivity  $\beta$  map in which each voxel's value represented its linear association with the amygdalar time series. The individual functional connectivity maps were then transformed to a z-score map using the Fisher  $r$ -to- $z$  transformation and were entered into a group-level whole-brain analysis to examine amygdala functional connectivity associated with amygdala [C-11]CURB  $\lambda k_3$ .

### Statistical analysis

For the ROI-to-ROI approach, we performed a Pearson product moment correlation analysis to test the relationship between amygdala [C-11]CURB  $\lambda k_3$  and the strength of amygdala–sgvmPFC and amygdala–dACC functional connectivity, similar to the analysis used in Gärtner and colleagues<sup>15</sup> and Dincheva and colleagues.<sup>16</sup> We performed statistical analysis using SPSS (IBM SPSS Statistics 24), and statistical significance was determined using a false discovery rate (FDR)–adjusted  $p$  value (or  $q$  value) of 0.05.

For the seed-to-voxel approach, we performed a whole-brain linear regression analysis with [C-11]CURB  $\lambda k_3$  in the amygdala as an independent variable and amygdala functional connectivity maps as the dependent variables. The statistical significance threshold was set at a voxel-level  $p < 0.001$  and corrected (cluster-level family-wise error rate [cFWE]) to  $p_{\text{cFWE}} < 0.05$  for multiple comparisons using Gaussian random field theory<sup>34</sup> as implemented in the CONN toolbox. We used individual mean frame-wise displacement as a group-level motion covariate to further control for the influence of potential head movement on functional connectivity.<sup>32</sup> All significant results are reported in MNI space.

We conducted covariate analyses using partial correlations. We chose the covariates based on the reported effects of age,<sup>14,35</sup> sex,<sup>36</sup> body mass index,<sup>37</sup> nicotine<sup>38</sup> and the FAAH C385A single nucleotide polymorphism (which is related to ethnicity)<sup>8</sup> on FAAH activity. We conducted Pearson product moment correlation analyses to investigate whether trait neuroticism (NEO Personality Inventory–Revised total) was correlated with functional connectivity and amygdala [C-11]CURB  $\lambda k_3$ .

We used  $t$  tests and analyses of covariance to investigate differences in functional connectivity and trait neuroticism between FAAH genotype groups (C/C v. A/A and A/C).

## Results

Demographic information for the 31 participants with usable data are outlined in Table 1. Three of the 34 participants were excluded: 1 owing to excessive head movement (mean frame-wise displacement  $> 0.3$  mm) and 2 for poor MRI quality due to spiral artifact. Five of the remaining 31 participants did not complete the NEO Personality Inventory–Revised.

**Table 1: Sample demographics**

Characteristic	Finding*
Participants, $n$	31
M/F, $n$	13/18
Age, yr	30.61 $\pm$ 11.66
Ethnicity, $n$	
White	19
Asian	4
Black	8
Body mass index, kg/m <sup>2</sup>	24.45 $\pm$ 3.16
Genotype (rs324420, C385A), $n$	
C/C	20
A/C	10
A/A	1
Education, yr	15.73 $\pm$ 2.29
Daily cigarette smokers, $n$	7
Cigarettes per day, mean (range)	13.84 (3–25)
Fagerstrom Test For Nicotine Dependence score, mean (range)	4.3 (1–8)
Drinks per week, mean (range)	4.13 (0–25)
NEO Personality Inventory–Revised score ( $n = 26$ )	71.38 $\pm$ 26.5
[C-11]CURB amount injected, mCi	9.61 $\pm$ 0.80
[C-11]CURB specific activity, mCi/ $\mu$ mol	2644.58 $\pm$ 1066.98
[C-11]CURB mass injected, $\mu$ g	1.35 $\pm$ 0.49

[C-11]CURB = [C-11-carbonyl]-6-hydroxy-[1,10-biphenyl]-3-yl cyclohexylcarbamate.  
\*Values are mean  $\pm$  standard deviation unless otherwise indicated.

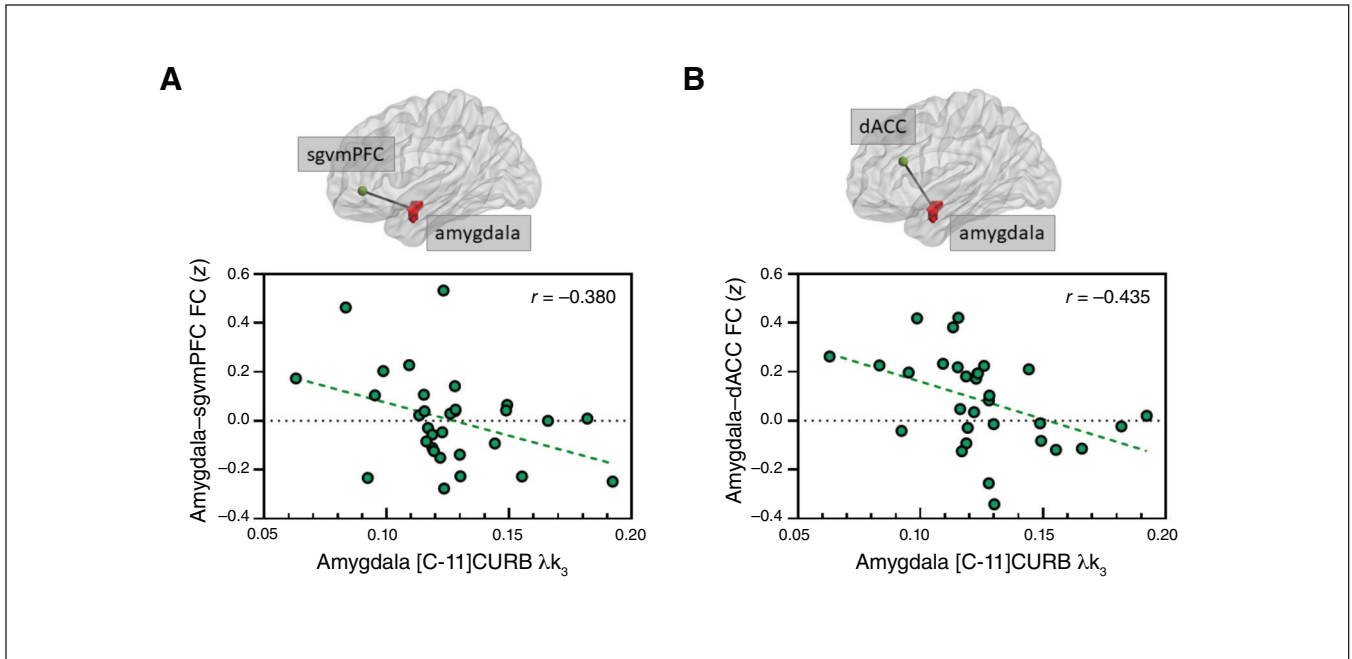
Whole brain functional connectivity maps of the bilateral amygdala seed region are reported in Appendix 1, Figure S1, available at [jpn.ca/200010-a1](http://jpn.ca/200010-a1).

### ROI-to-ROI approach

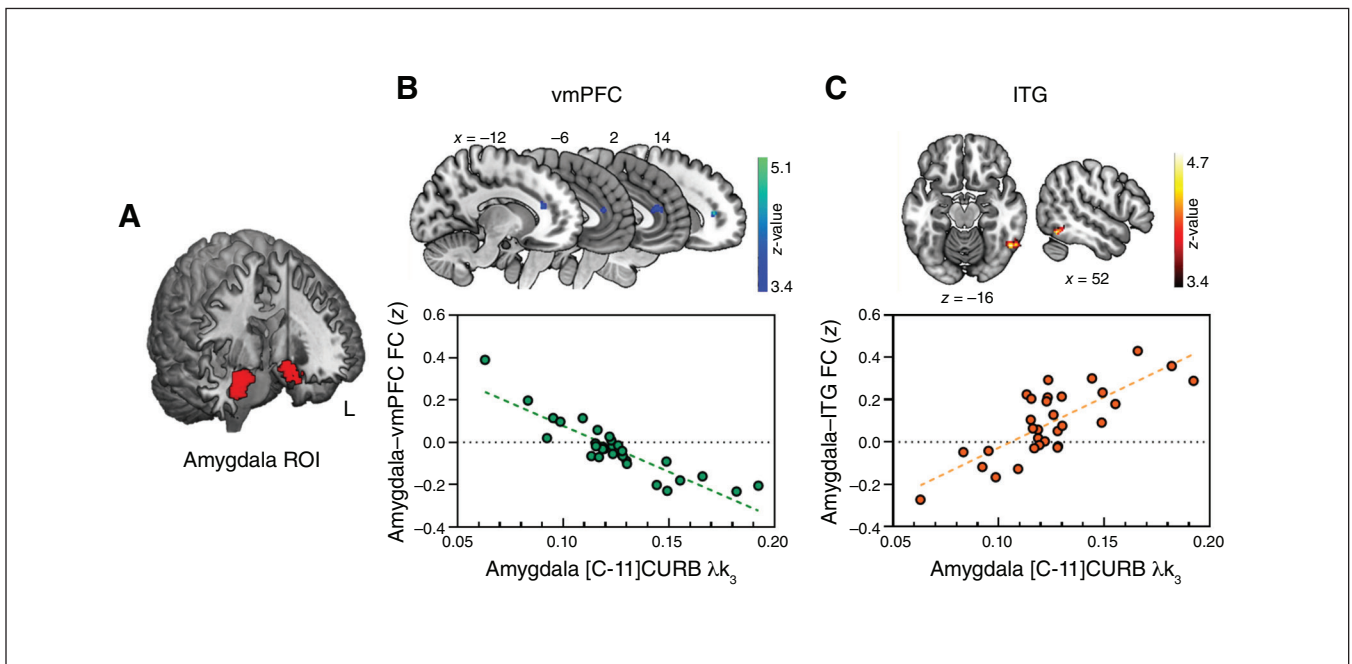
We first tested the relationship between [C-11]CURB  $\lambda k_3$  in the amygdala and amygdalar functional connectivity with 2 a priori brain regions: the sgvmPFC and the dACC. Using a ROI-to-ROI approach, we found a significant negative correlation between amygdala [C-11]CURB  $\lambda k_3$  and amygdala–sgvmPFC functional connectivity ( $r = -0.38$ ;  $q = 0.04$ ; Figure 1A). We also found a significant negative correlation between amygdala [C-11]CURB  $\lambda k_3$  and amygdala–dACC functional connectivity ( $r = -0.44$ ;  $q = 0.03$ ; Figure 1B). Trait neuroticism was not related to amygdala functional connectivity with the ROIs (sgvmPFC:  $r = -0.12$ ;  $p = 0.28$ ; dACC  $r = -0.29$   $p = 0.08$ ) or to the amygdala [C-11]CURB  $\lambda k_3$  ( $r = 0.20$ ;  $p = 0.17$ ).

### Seed-to-voxel approach

As seen in Figure 2, a seed-to-voxel analysis further confirmed that amygdala [C-11]CURB  $\lambda k_3$  was negatively correlated with functional connectivity between the amygdala and a cluster that included the ventromedial prefrontal cortex (vmPFC) and the dACC (Brodmann areas [BAs] 24 and 32; MNI coordinates  $x, y, z = 14, 40, 10$ ;  $k = 280$ ;  $t = 6.67$ ;  $z =$



**Fig. 1:** Scatter plot of correlations in a ROI-to-ROI approach. Amygdala [C-11]CURB  $\lambda k_3$  was negatively correlated (Pearson correlation) with the strength of the functional connectivity between the amygdala and (A) the subgenual ventromedial prefrontal cortex and (B) the dorsal anterior cingulate cortex. [C-11]CURB = [C-11-carbonyl]-6-hydroxy-[1,10-biphenyl]-3-yl cyclohexylcarbamate; dACC = dorsal anterior cingulate cortex; FC = functional connectivity; ROI = region of interest; sgvmPFC = subgenual ventromedial prefrontal cortex.



**Fig. 2:** Scatter plot of voxel-wise whole-brain correlations in a seed-to-voxel approach. (A) Bilateral amygdala region of interest. (B) We found a significant negative Pearson correlation between amygdala [C-11]CURB  $\lambda k_3$  and the functional connectivity of the amygdala with the ventromedial prefrontal cortex ( $x, y, z = 14, 40, 10$ ;  $k = 280$ ;  $p_{\text{cFWE}} < 0.05$ ). Statistical significance was set at  $p_{\text{cFWE}} < 0.05$ . (C) We found a positive correlation between amygdala [C-11]CURB  $\lambda k_3$  and the functional connectivity of the amygdala with the right inferior temporal gyrus ( $x, y, z = 52, -58, -16$ ;  $k = 242$ ;  $p_{\text{cFWE}} < 0.05$ ). [C-11]CURB = [C-11-carbonyl]-6-hydroxy-[1,10-biphenyl]-3-yl cyclohexylcarbamate; FC = functional connectivity; cFWE = cluster-level, family-wise error corrected; ITG = inferior temporal gyrus; ROI = region of interest; vmPFC = ventromedial prefrontal cortex.

5.12;  $p_{\text{FWE}} < 0.05$ ; Fig. 2B). The cluster identified was adjacent to the pre-selected ROIs but did not overlap with them (Appendix 1, Figure S2). This analysis also revealed a positive correlation between amygdala [C-11]CURB  $\lambda_3$  and amygdala functional connectivity with the right posterior inferior temporal gyrus (ITG; MNI coordinates  $x, y, z = 52, -58, -16$ ;  $k = 242, t = 5.99$ ;  $z = 4.77$ ;  $p_{\text{FWE}} < 0.05$ ; Figure 2C). Trait neuroticism was not related to amygdala–vmPFC functional connectivity ( $r = -0.26$ ;  $p = 0.97$ ). We also analyzed right and left amygdala ROIs separately, as outlined above, to confirm the functional connectivity results using the bilateral amygdala. The results of a statistical analysis comparing the  $\beta$  slopes estimates of the functional connectivity of the left and right amygdala ROIs and amygdala [C-11]CURB  $\lambda_3$  were not significant, suggesting no laterality effect. We further investigated whether [C-11]CURB  $\lambda_3$  in regions outside the amygdala (i.e., the medial prefrontal cortex, cingulate, and striatum) were correlated with amygdalar functional connectivity. Results are reported in Appendix 1, Table S1.

Partial correlations investigating the effects of age, body mass index, sex, ethnicity and smoking did not affect any of the findings listed above for both seed-to-voxel (vmPFC:  $r = -0.90, p < 0.01$ ; ITG:  $r = 0.75, p < 0.01$ ) and ROI-to-ROI approaches (sgvmPFC:  $r = -0.46, p = 0.01$ ; dACC:  $r = -0.60, p < 0.01$ ). After controlling for the *FAAH* C385A rs324420 genotype (C/C v. A/A and A/C) both the seed-to-voxel (vmPFC:  $r = -0.90, p < 0.01$ ; ITG:  $r = -0.79, p < 0.01$ ) and ROI-to-ROI approaches (sgvmPFC:  $r = -0.38, p = 0.02$ ; dACC:  $r = -0.42, p = 0.01$ ) remained significant.

We tested whether *FAAH* C385A genotypes were related to trait neuroticism and amygdala functional connectivity (using functional connectivity z-scores) using a 2-sample *t* test and found no effect of the C385A genotype on trait neuroticism ( $p = 0.23$ ) or on amygdala functional connectivity with the sgvmPFC ( $p = 0.18$ ) or dACC ( $p = 0.73$ ) ROIs, or with the vmPFC ( $p = 0.91$ ) or ITG ( $p = 0.94$ ) clusters.

Differences in [C-11]CURB  $\lambda_3$  across *FAAH* genotypes are reported in Appendix 1, Table S1.

## Discussion

We provide the first report in humans that levels of the endocannabinoid enzyme FAAH measured in vivo in the brain are negatively correlated with frontoamygdalar functional connectivity. Our findings supported our hypothesis and extend earlier neuroimaging studies in humans.<sup>2,15,16</sup>

This suggests that higher levels of AEA in the brain could increase coupling strength in frontoamygdalar networks, affecting stress response.<sup>16</sup> Our findings are of relevance to ongoing clinical trials of FAAH inhibitors for disorders of fear regulation (such as PTSD) and suggest that clinical doses of FAAH inhibitors may regulate neural coupling in amygdalar networks in humans, strengthening the empirical evidence for the use of FAAH inhibitors in disorders such as PTSD.

The current in vivo multimodal imaging results were in line with preclinical literature, which reports that genetic and pharmacologic manipulations of FAAH affect the basolateral amygdala (BLA)–medial prefrontal cortex network.<sup>5</sup> The BLA

is rich in FAAH and CB1 receptors;<sup>39</sup> it receives glutamatergic input from vmPFC pyramidal neurons and relays output to the centromedial nuclei of the amygdala and reciprocal cortical areas.<sup>40</sup> Exposure to stress has been shown to rapidly increase FAAH-mediated AEA hydrolysis in the BLA,<sup>41,42</sup> reducing AEA/CB1 signalling and increasing excitation (glutamatergic signalling) of BLA neurons.<sup>43</sup> Projection neurons from the BLA predominately synapse onto local inhibitory interneurons in the vmPFC, favouring feedforward inhibition onto cortical neurons and reducing neuronal activity in the vmPFC.<sup>44</sup> This mechanism could reduce activity of cortical projection neurons reciprocally projecting back to the BLA, compromising vmPFC–BLA functional connectivity. Under conditions of sustained stress, protracted loss of AEA signalling in the BLA also favours morphological changes in BLA pyramidal neurons, favouring increased dendritic arborization and spine densities.<sup>45</sup> As such, inhibition of FAAH and elevations in AEA signalling may help to reduce stress, anxiety and fear by preventing hyperactivity of BLA neurons projecting to the vmPFC. If this is the case, feedforward cortical inhibition would be reduced, promoting frontal cortical control over amygdala activity. More recently, studies of mice with the 385A mutation have also shown that increased fear extinction in mice with the 385A variant is coupled with enhanced frontoamygdalar connectivity, a finding that directly aligns with the human data and strongly suggests that reduced fear-relevant behaviour in humans, and in mice with the C385A variant, is likely due to the control of amygdala signalling by prefrontal cortex.<sup>14,16</sup>

Although the action of AEA is not restricted to CB1 receptors (AEA also binds CB2 receptors, GPR55 and transient receptor potential vanilloid type 1), the findings described above are believed to be dependent on CB1 receptor activation, because the effects of FAAH inhibitors on stress-induced changes are eliminated by CB1 antagonists.<sup>46</sup> Despite this, the contribution of other FAAH substrates (oleoylethanolamine, palmitoylethanolamide, dehydroepiandrosterone) and other receptors as potential mechanisms for the effects reported are largely uncharacterized and cannot be ruled out. Furthermore, although our study focused on FAAH levels in the amygdala, it is unclear whether the impact of FAAH on functional connectivity is selective to FAAH levels in amygdala in other regions or in whole brain (Appendix 1, Table S1).

Although the dACC, sgvmPFC and amygdala are key areas recruited during emotion processing and are coactivated during socioaffective tasks, they are also conceptualized as being part of the default mode network.<sup>47</sup> In this regard, large meta-analytic studies have shown positive coactivation at rest of the amygdala with the dACC and in some, with the vmPFC.<sup>48,49</sup> In the current study we found that hemodynamics in the bilateral amygdala positively mapped onto a large cluster of voxels in the anterior cingulate cortex (ACC) and bilateral precentral gyrus. Although the identified cluster using a whole-brain approach was adjacent to the pre-selected dACC ROI, we did not find robust significant functional connectivity with this region or with the sgvmPFC. However, using a more liberal threshold (at an uncorrected

voxel-level  $p < 0.01$  and cluster-size uncorrected  $p < 0.05$ ) the functional connectivity map extended to include preselected ROIs as well as the seed-to-voxel identified cluster (data not shown), suggesting that we may have been underpowered to detect a significant effect. Despite the absence of significant amygdala functional connectivity, the ROI and whole-brain functional connectivity data correlated significantly with FAAH activity.

The anatomic extent of our findings aligned with the results of retrograde tracing studies in primates, which suggest reciprocal connections between the basolateral amygdala and pyramidal neurons (layer V) in the ACC (BA 24), infralimbic cortex (BA 25) and prelimbic area (BA 32).<sup>50,51</sup> Our ROI-to-ROI findings replicated both the findings of Dincheva and colleagues<sup>16</sup> in the sgvmPFC and those of Gärtner and colleagues in the dACC.<sup>15</sup> However, the more conservative seed-to-voxel analysis identified a cluster in the vmPFC that included the dACC (BA 32) and the rostral portion of the frontal lobe and ACC (BA 24), but not the sgvmPFC (BA 25). The discrepancy between the ROI-to-ROI and seed-to-voxel approaches may have been due to differences in the statistical threshold (the seed-to-voxel approach being more conservative than the ROI-to-ROI approach). Although our results largely suggest that amygdala–vmPFC functional connectivity and brain FAAH levels are linked, the exact regional extent of the findings remains uncertain. The vmPFC includes subregions (infralimbic, prelimbic and ACC) with distinct cytoarchitecture and connectivity patterns, and which have been differentially implicated in emotion regulation and fear-related behaviours.<sup>17,52</sup> It is unclear based on our results in humans whether a differing role for FAAH exists across subregions of the vmPFC, particularly the ACC and sgvmPFC.

The amygdala–ITG (occipitotemporal BA 37) functional connectivity related to FAAH in brain was a new finding. Anatomically, the amygdala comprises numerous nuclei.<sup>53</sup> Projections from the occipitotemporal lobe and lateral nucleus of the amygdala have been identified using autoradiographic techniques.<sup>50</sup> The lack of precision in selecting the whole amygdala as our seed region could partially explain our results in the ITG. However, examination of the overlap between our amygdala mask and the amygdala probabilistic cytoarchitectonic atlas suggests that most of the signal arising from the automated anatomic labelling ROIs is from the basolateral nucleus.<sup>54</sup> This finding needs to be explored further, particularly in light of a recent report suggesting impaired amygdala–ITG functional connectivity in people with depression.<sup>55</sup>

With the current small sample size, we did not find that differences in functional connectivity were related to FAAH genotype; however, the finding that both the ROI-to-ROI and seed-to-voxel analyses survived after controlling for genetic variability in FAAH levels suggests that direct measurement of FAAH levels, which may be influenced by epigenetic changes and the environment, brings precision to the development of brain-based endophenotypes.

Previous literature has suggested that neuroticism is associated with altered functional connectivity in amygdala-related circuits,<sup>56–58</sup> and that low levels of endocannabinoids

in this circuit increase proneness to anxiety and negative emotions.<sup>42</sup> Our failure to find a relationship with self-reported trait neuroticism may be an issue of power, particularly when considering that sex, age and factors affecting state anxiety may also modulate the effect. Future studies in larger samples are needed to examine whether the relationship between FAAH levels and frontoamygdalar functional connectivity affect state and trait anxiety as well as fear and emotion processing.

### Limitations

Our study had several limitations, including a small sample size, limited behavioural assessments and the inclusion of tobacco smokers, which may have affected frontoamygdalar coupling<sup>59</sup> or brain AEA.<sup>38</sup>

### Conclusion

Our findings that lower FAAH levels in brain measured through molecular imaging correlated with the strength of functional connectivity in frontoamygdalar circuits in humans support the view that FAAH inhibition could alter functional connectivity in frontoamygdalar circuits in humans, regulating stress and affect.

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**Funding:** This study was supported in part by Canada Foundation for Innovation, the Ontario Ministry of Research and Innovation (S. Houle), The National Institute of Health and National Institute of Drug Abuse (NIH/NIDA R21 DA036024; I. Boileau), Canadian Institutes of Health Research FDN-154294 (R. Tyndale), and a Canada Research Chair in Pharmacogenomics (R. Tyndale).

**Competing interests:** M. Hill has served on scientific advisory boards for Lundbeck and Sophren Therapeutics. R. Tyndale has consulted for Quinn Emanuel and Ethismos on unrelated topics. No other competing interests declared.

**Contributors:** R. Tyndale, D. Westwood and I. Boileau designed the study. J. Kim, R. Tyndale, T. McCluskey, D. Westwood and I. Boileau acquired the data, which D. Green, J. Kim, S. Kish, R. Tyndale, M. Hill, A. Strafella, J. Tong, T. McCluskey, N. Lobaugh and I. Boileau analyzed. D. Green, J. Kim, D. Westwood, N. Lobaugh and I. Boileau wrote the article, which all authors reviewed. All authors approved the final version to be published and

can certify that no other individuals not listed as authors have made substantial contributions to the paper.

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