# Association of a risk allele of *ANK3* with cognitive performance and cortical thickness in patients with first-episode psychosis

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**Background:** The gene *ANK3* is implicated in bipolar disorder and schizophrenia. The present study investigated the influence of this gene on cognitive performance and brain structure among individuals with first-episode psychosis (FEP). The brief illness duration of an FEP sample makes it well suited for studying the effects of genetic variation. **Methods:** We genotyped 2 single nucleotide polymorphisms (SNPs; rs1938526 and rs10994336) in *ANK3* in patients with FEP. Multivariate analysis of variance compared risk allele carriers and noncarriers on 6 domains of cognition consistent with MATRICS consensus. A subsample of 82 patients was assessed using magnetic resonance imaging. We compared brain structure between carriers and noncarriers using cortical thickness analysis and voxel-based morphometry on white matter. **Results:** In the 173 patients with FEP included in our study, rs1938526 and rs10994336 were in very high linkage disequilibrium (d' = 0.95), and analyses were therefore only carried out on the SNP (rs1938526) with the highest minor allele frequency (G). Allele G of rs1938526, was associated with lower cognitive performance across domains ( $F_{6.164}$  = 2.38, p = 0.030) and significantly lower scores on the domains of verbal memory (p = 0.015), working memory (p = 0.006) and attention (p = 0.019). The significant effects of this SNP on cognition were not maintained when controlling for IQ. Cortical thinning was observed in risk allele carriers did not show any regions of reduced white matter volume. **Limitations:** The sample size is modest given that a low-frequency variant was being examined. **Conclusion:** The *ANK3* risk allele rs1938526 appears to be associated with general cognitive impairment and widespread cortical thinning in patients with FEP.

## Introduction

Evidence suggests that psychotic disorders are partly of genetic origin; however, the search for candidate genes has been challenging because these are complex disorders involving the contribution of multiple genes and environmental factors.<sup>1-3</sup> Psychotic disorders are characterized by marked phenotypic heterogeneity; conversely, shared genetic risk factors have been observed across disorders. For instance, some of the same genetic variants have been identified as risk factors for both bipolar disorder (BD) and schizophrenia.<sup>4</sup> Given this complexity, there has been a movement toward breaking down disorders into component endophenotypes that are more proximal to the biological etiology of the disorder and that are thought to be genetically less complex than the disorder as a whole.<sup>1-3</sup> Consistent with the definition of endophenotypes, cognitive deficits, cortical thinning and white matter volume reduction have been associated with both schizophrenia and BD and have been found to be highly heritable.<sup>5-11</sup> The presentation of similar endophenotypes in schizophrenia and BD suggests that they may share common pathogenic

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pathways. Therefore, researchers often use such measures rather than diagnosis when studying the effects of genetic variation.  $^{\rm 1-3}$ 

Numerous variants of the gene ANK3, encoding Ankyrin G, have been associated with BD in genome-wide association studies (GWAS)12,13 and a large genome-wide study combining schizophrenia and BD.14 The evidence for an association with schizophrenia is not as strong, as no genome-wide studies have found a significant effect. Three studies, however, have reported an association with schizophrenia.15-17 One of them was genome-wide and showed near-significant association after correction,15 and another one included a meta-analysis showing significant association of the single nucleotide polymorphisms (SNPs) rs10761482 and rs10994336 with schizophrenia.17 Furthermore, lower levels of ANK3 expression have been observed in multiple cortical areas in patients with schizophrenia.16,18 The risk-associated ANK3 SNPs are intronic, and rs1938526 and other SNPs have been associated with reduced gene expression.<sup>16,19</sup>

Several studies have examined the role of these genetic variants on neurocognition. A study on BD found significant association between rs10994336 and sustained attention, but no effect on general intelligence, memory or executive functioning.<sup>20</sup> In healthy controls, 1 study did not report any effect of this SNP on measures of attention, working memory or executive functioning,<sup>21</sup> whereas another study found an association between this SNP and set-shifting, risk-taking behaviour and decreased white matter integrity in the internal capsule.<sup>22</sup> A further study found rs9804190 to be associated with poor working memory and executive functioning and higher prefrontal cortical activity during a working memory task.<sup>16</sup> A familial mutation in *ANK3* is associated with intellectual disability, and knockdown of this gene in drosophila is associated with memory deficits.<sup>23</sup>

Ankyrin G is found at axon initial segments (AIS) and nodes of Ranvier (NOR). It links voltage-gated sodium channels to the cytoskeleton and promotes their clustering in conjunction with cell adhesion molecules and oligodendrocytes.24 At the AIS, via neurofascin cell adhesion molecules, Ankyrin G promotes formation of GABAergic synapses.<sup>25</sup> The reduced expression of ANK3 observed in patients with schizophrenia<sup>16,18</sup> is consistent with a large body of research implicating  $\gamma$ -aminobutyric acid (GABA) synapses at the AIS in people with this condition.<sup>1826</sup> Through actions at the NOR, Ankyrin G facilitates the propagation of action potentials.<sup>27</sup> Ankyrin G could thus influence the efficiency and synchrony of transmission of neuronal impulses and be necessary for longrange  $\gamma$  oscillations between cortical subfields,<sup>28</sup> a process linked to sustained attention.29 In patients with schizophrenia, excessive cortical  $\gamma$  oscillations have been observed during working memory performance.30 A role of Ankyrin G at the NOR is also consistent with a large body of research pointing to deficits in white matter and oligodendrocytes in patients with schizophrenia and BD.31,32

The objective of the present study was to test the association of allelic variation in *ANK3* with performance across different domains of cognition and with brain structure in white matter and cortical grey matter in a sample of patients shortly after the onset of a first episode of affective or nonaffective psychosis (FEP). We hypothesized that 2 *ANK3* alleles previously associated with psychopathology, rs10994336 (T allele) and rs1938526 (G allele), would be associated with lower performance on measures of attention and working memory. We expected *ANK3* risk alleles to be associated with cortical thinning and white matter volume reduction; however, these analyses are more exploratory given the lack of existing research. We used voxel-based morphometry (VBM) to measure white matter volume, but for grey matter we used cortical thickness, a more appropriate endophenotype than cortical grey matter volume, which is confounded by distinct genetic influences on the cortical area.<sup>5</sup>

## Methods

## Participants

Participants were treated at the Prevention and Early intervention Program for Psychoses (PEPP-Montréal), a specialized early-intervention service available to all patients with FEP in 1 sector of a Canadian urban centre. The details of the treatment model have been provided elsewhere.33 Admission criteria were age 14-30 years; symptoms consistent with DSM-IV affective (including BD and major depressive disorder with psychosis) or nonaffective psychotic disorder (including schizophrenia, schizoaffective disorder, schizophreniform disorder, delusional disorder and psychosis not otherwise specified); and no antipsychotic therapy for 1 or more months before admission. All patients who met criteria for treatment in the service were eligible to participate in the study. All evaluations reported in this study were approved by the ethics board of the Douglas Institute, and all participants provided written informed consent. All PEPP-Montréal patients are deemed competent and must also provide written informed consent to receive treatment at the research clinic.

#### Instruments and assessment

#### **Cognitive measures**

The cognitive test battery was administered by a trained professional when patients had reached a stable, but not necessarily asymptomatic, condition. The test battery was administered in either English or French according to the mother tongue of the participant; those whose mother tongue was neither English nor French completed the assessment in 1 of these 2 languages as well. The 6 domains of cognitive performance tested were derived from a standardized neuropsychological test battery, representing 6 of the 7 cognitive domains suggested by the National Institute of Mental Health Measurement and Treatment Research to Improve Cognition in Schizophrenia group.<sup>34,35</sup> The 6 domains were verbal memory derived from the Logical Memory subtests of the Wechsler Memory Scale, 3rd Edition<sup>36</sup> (WMS-III; immediate recall, delayed recall, recognition); visual memory derived from the Visual Reproduction subtests of the WMS-III (immediate recall, delayed recall, recognition); working memory from the Spatial Span subtests of the WMS-III and the Digit Span subtests of the Wechsler Adult Intelligence Scale (WAIS-III);<sup>37</sup> speed of processing from the Digit Symbol subtest of the WAIS-III and the Trail Making Test A;38 reasoning/ problem solving from the Block Design subtest of the WAIS-III and the Trail Making Test B,38 and attention from the D2 Test of Attention concentration performance score.<sup>39</sup> We measured IQ using the WAIS-III. Standard equivalents (z scores) for all neuropsychological variables were obtained. For each participant, we z-transformed the raw score from each subtest of a given domain using normative data from a group of 34 healthy controls. The z scores were then averaged to obtain a mean z score of performance in each domain. The *z* score for the reasoning and problem solving domain was transformed to achieve normal distribution by log-transforming all individual task scores for patients and controls and recalculating *z* scores.

## Clinical and demographic measures

The Structured Clinical Interview for DSM-IV (SCID)<sup>40</sup> was administered at entry to the program and 1 year later to determine primary diagnoses and lifetime substance-use diagnoses (abuse or dependence, excluding nicotine). We retained the most recent available SCID diagnosis, and diagnoses were confirmed at a consensus meeting attended by a senior research psychiatrist (A.M. or R.J.).

#### Genetics

We extracted DNA from blood or saliva samples collected from each participant. Genotyping was done at the McGill University and Génome Québec Innovation Centre using Sequenom iPlex Gold Technology.<sup>41</sup> The genotyping success rate was 98.3%. We calculated linkage disequilibrium using Haploview 4.0.

## Image acquisition

Magnetic resonance imaging (MRI) was carried out at the Montreal Neurological Institute (MNI) on a 1.5 T Siemens Sonata whole body MRI system. Structural  $T_1$  volumes were acquired for each participant using a 3-dimensional (3D) gradient echo pulse sequence with sagittal volume excitation (repetition time 22 ms, echo time 9.2 ms, flip angle 30°, 180 contiguous sagittal 1 mm slices). The rectangular field of view for the images was  $256 \times 204$  mm. For analysis of VBM,  $T_1$  MRI scans were subsequently combined into 3D volume (NIFTI file format) using SPM8 (Wellcome Institute).

## Statistical analysis

## Cognition

We investigated the effect of allelic variation in the *ANK3* SNP rs1938526 using a dominant model separating the risk allele carriers (GG+ AG) and noncarriers (AA). We used the

 $\chi^2$  statistic and *t* tests to compare the 2 genotype groups with regard to clinical and demographic characteristics. We then performed multivariate analysis of covariance (MANCOVA) with sex as a covariate given the significant association between female sex and presence of the risk allele. Statistical tests were 2-tailed and performed on SPSS version 15.0 for Windows.

## **Cortical thickness**

We submitted MRI scans to the CIVET processing pipeline version 1.1.9 (http://wiki.bic.mni.mcgill.ca/index.php /CIVET).<sup>42,43</sup> Native  $T_1$ -weighted images were first registered to the ICBM152 template using linear transformation44,45 and simultaneously corrected for nonuniformity artifacts using N3.46 We then segmented the transformed images into grey matter, white matter, cerebrospinal fluid (CSF) and background using a neural net classifier (INSECT).42 Grey and white matter surfaces were extracted using CLASP algorithm.47-49 We used a spherical-mesh deformation algorithm to produce a surface mesh of 81 920 polygons (40 962 nodes or vertices) for each hemisphere. Nonlinear registration of both cortical surfaces to a high-resolution average surface template generated from the ICBM152 data set was performed to establish interparticipant correspondence of vertices.<sup>50,51</sup> Reverse linear transformation of volumes was performed to allow vertex-based corticometric measurements in native space for each participant's MRI scan.52 The deformation algorithm first fits the white matter surface and then expands to the outer grey matter and CSF intersection. From these surfaces, we computed cortical thickness in native space using the t-link method,<sup>53</sup> which determines the linked distance between the inner and outer cortical surfaces at each of 40 962 vertices. Each participant's cortical thickness map was subsequently blurred using a 20 mm full-width at half-maximum (FWHM) surface-based diffusion smoothing kernel.54

Cortical thickness maps of *t* statistics for effect of group (carrier v. noncarrier) at 40 962 surface points per hemisphere were projected onto an average brain template, revealing vertices that differed significantly between groups. We did not include total intracranial volume as a covariate, because cortical thickness and brain volume are poorly correlated;<sup>52,55</sup> however, age, sex and handedness were included as covariates in the analysis. Statistical maps were thresholded and multiple comparisons were taken into account using the false discovery rate (FDR) procedure, with q =  $0.01.^{56}$  We considered results to be significant at *t* = 2.65 (*p* < 0.01, FDR-corrected).

## Voxel-based morphometry

We analyzed structural  $T_1$  images using VBM<sup>57,58</sup> with VBM8 software version 414 (http://dbm.neuro.uni-jena.de/vbm/). First, the  $T_1$  images were normalized to a template space using high-dimensional (DARTEL) spatial normalization and then segmented into grey matter, white matter and CSF. After preprocessing, the resulting modulated images were smoothed with a 8 mm FWHM Gaussian kernel. We explored white matter differences between carriers and noncarriers using a t test with total intracranial volume (estimated during preprocessing), age at the time of scanning, sex and handedness as covariates.

Contrasts were explored using a statistical threshold of p < 0.05, family-wise error–corrected for multiple comparisons. Using the MNI coordinates of the peak voxel(s) for significant clusters, we identified white matter tract(s) based on structures identified using the automated anatomic labelling toolbox.<sup>59</sup> Finally, we estimated whole brain grey matter, white matter and CSF volumes during preprocessing for each participant, which we summed for an estimation of total intracranial volume (TIV). We then compared the 4 volumes between the 2 groups using a 2-way analysis of variance (ANOVA) with genotype and sex as between-subjects factors.

#### Results

Of the 380 patients accepted in the PEPP-Montréal clinic during our study period, 173 (26 risk allele carriers and 147 noncarriers) agreed to participate in both cognitive and genetic testing. As shown in Table 1, the genotype distribution of the 2 *ANK3* SNPs did not depart from Hardy–Weinberg equilibrium. Since the 2 SNPs are in strong linkage disequilibrium (d' = 0.95), results are only presented for rs1938526 given evidence of an effect of this SNP on gene expression.<sup>19</sup> Analyses on the effects of rs10994336 on neurocognition (not shown) yielded similar but slightly less significant results.

Table 2 and Table S1 in the Appendix, available at cma.ca/jpn, indicate the clinical and demographic characteristics of participants included in both the cognitive and imaging portions of the study. Carriers of the G allele of rs1938526 did not differ from noncarriers on any of these measures except that there was a higher proportion of female participants and a lower proportion of participants who were tested in their mother tongue among the carriers than the noncarriers (all p < 0.05; Table 2). Regarding lifetime substance dependence, cannabis use was most common, with 91% of participants who had a substance-use diagnosis

Table 1: Genotype distribution of ANK3 single nucleotide polymorphisms								
Marker		Genotype		MAF	p value*	d'		
rs1938526 rs10994336	AA, <i>n</i> = 147 CC, <i>n</i> = 153	AG, <i>n</i> = 23 CT, <i>n</i> = 17	GG, <i>n</i> = 3 TT, <i>n</i> = 3	0.086 0.066	0.20 0.06	0.952		

MAF = minor allele frequency. \*Hardy-Weinberg equilibrium.

Table 2: Clinical and demographic characteristics of study samples						
	Group; no. (%)*					
Characteristic	Study sample, cognitive data n = 173	Study sample, imaging data n = 82	rs1938526 AA n = 147	rs1938526 G carrier <i>n</i> = 26		
Male sex	132 (76)	61 (74)	119 (80)	14 (54)†		
Age at cognitive testing, mean (range) yr	22.8 (16–31)	23.7 (18–31)	22. (16–31)	23. (18–28)		
Education, mean (SD) yr Diagnosis	11.3 (2.4)	11.9 (2.4)	11.3 (2.3)	10.8 (2.7)		
Nonaffective psychosis	138 (80)	69 (84)	118 (80)	20 (77)		
Schizophrenia	102 (59)	50 (61)	89 (61)	13 (50)		
Bipolar disorder	24 (14)	10 (12)	22 (15)	2 (8)		
Age at onset of psychosis, median (range) yr	21.2 (13–31)	22.1 (15–31)	21.1 (13–31)	21.3 (14–27)		
White race	102 (59)	55 (68)	90 (61)	13 (50)		
Cognition tested in mother tongue	136 (79)	67 (83)	120 (82)	16 (62)†		
Lifetime substance-use disorder diagnosis	116 (67)	53 (65)	101 (69)	15 (60)		
Taking antipsychotics at cognitive testing	139 (95)	69 (97)	114 (94)	24 (92)		
Chlorpromazine equivalents at cognitive testing, mean (SD)	237 (241)	210 (185)	235 (252)	246 (186)		
Full scale IQ, mean (SD)	92.6 (15.7)	95.3 (14.5)	94.1 (15.8)	84.5 (13.2)‡		
SD = standard deviation. *Unless otherwise indicated. p < 0.05. p < 0.01.						

using cannabis. Regarding DNA extraction, blood samples were available from most participants (n = 125 samples, 72%), and saliva samples were available for the remaining participants.

Eighty percent of patients (n = 139) were tested within 4 months of program entry. The genotype groups did not differ on time of testing after treatment entry (mean 78 d in G allele carriers v. 93 d in noncarriers, t = 0.67, p = 0.46). All scans were carried out within the first 16 months following treatment entry; most occurred within the first 6 months (n = 66, 82%). The genotype groups did not differ on time of scanning after treatment entry (mean 5.6 mo for G allele carriers v. 4.9 mo for noncarriers, t = 0.85, p = 0.41).

#### Cognitive performance

The MANCOVA including sex as a covariate revealed a main effect of the rs1938526 SNP on cognitive performance across all domains. The overall performance of G allele carriers was weaker than that of noncarriers ( $F_{6.164} = 2.4$ , partial  $\eta^2 = 0.080$ , p = 0.030). There were significant differences between the genotype groups on working memory ( $F_{1,171}$  = 7.6, partial  $\eta^2 = 0.043$ , p = 0.006), verbal memory ( $F_{1,171} = 6.0$ , partial  $\eta^2 = 0.034$ , p = 0.015), and attention (F<sub>1,171</sub> = 5.5, partial  $\eta^2 = 0.032$ , p = 0.019) and a borderline effect on reasoning and problem solving ( $F_{1.171} = 2.8$ , partial  $\eta^2 = 0.016$ , p = 0.09). There was no significant effect of genotype on visual memory (partial  $\eta^2 = 0.011$ , p = 0.17) or speed of processing (partial  $\eta^2 = 0.002$ , p = 0.58). In addition, the risk allele carriers had lower full-scale IQ scores than noncarriers (ANOVA controlling for sex:  $F_{1.172} = 8.9$ , p = 0.003). Adding diagnosis (affective, nonaffective) and mother tongue (English, French, other) as covariates in the MANCOVA yielded an identical pattern of significant results with minimal reduction in effect size (partial  $\eta^2$  for overall cognition, working memory, verbal memory and attention were 0.077, 0.036, 0.032 and 0.030, respectively). Adding full-scale IQ as a covariate eliminated all significant effects of ANK3 on cognition.

#### Cortical thickness

Carriers of the ANK3 rs1938526 risk allele (n = 14) had a significantly thinner cortex at numerous regions than noncarriers (n = 68), as shown in Table 3 and Figure 1. At p < 0.01, FDR-corrected, carriers had a thinner cortex in the right hemisphere at regions with maxima in the medial frontal gyrus, lingual gyrus, parahippocampal gyrus, inferior parietal lobule, superior frontal gyrus, cingulate gyrus, inferior frontal gyrus, supramarginal gyrus, precuneus, middle frontal gyrus, middle occipital gyrus, superior frontal gyrus and middle temporal gyrus (descending order of significance) and in the left hemisphere at regions with maxima in the superior frontal gyrus, inferior parietal lobule, precuneus, fusiform gyrus, inferior frontal gyrus, middle temporal gyrus, precentral gyrus, middle occipital gyrus, cingulate gyrus, middle frontal gyrus and lingual gyrus. Carriers had no regions of cortical thickening.

*Voxel-based morphometry: differences in white matter and whole brain volumes* 

The "carrier > noncarrier" and the "noncarrier > carrier" contrasts revealed no significant white matter differences. There was less whole brain grey matter in carriers than noncarriers (p = 0.06); groups did not significantly differ on whole brain white matter, TIV, or CSF volumes (Table 4).

## Discussion

The present investigation found the G allele of rs1938526 to be associated with poor performance across 6 domains of cognition and with widespread cortical thinning and grey matter volume reduction in patients with FEP, but this variant had no significant effect on white matter volume.

To our knowledge, this is the first study of the effects of the rs1938526 SNP on neurocognition. This SNP was associated with lower global cognitive performance and there were no significant effects of the SNP on any particular cognitive domain when controlling for IQ. Thus we conclude that it may be promoting a general intellectual impairment; however, the effect of genotype was stronger for certain domains, particularly working memory, which is consistent with a role of *ANK3* in this domain.<sup>16</sup> Although there has been a great deal of interest in deficits in specific domains of cognition in psychotic illness, it is also well established that a general intellectual deficit is often comorbid with psychotic disorders and is a risk factor for such disorders.<sup>60-62</sup>

Our results suggest that the rs1938526 risk variant of ANK3 is associated with significant and widespread reduction in cortical thickness and grey matter volume across diverse regions of the cortex. The thinning was so extensive that we increased our FDR-corrected threshold from p < 0.05 to p < 0.01to highlight the regions most affected. Some regions of thinning, such as the orbitofrontal cortex, parahippocampal gyrus, dorsolateral prefrontal cortex and cingulate gyrus, are highly implicated in psychotic disorders.<sup>8,10,11,31,63,64</sup> Previous studies looking specifically at cortical thinning in patients with schizophrenia have reported widespread thinning across diverse cortical areas even at the time of a first episode.8-10 Cortical thinning in patients with BD may be more restricted, with robust findings in prefrontal areas7,8,64 and in the left ACC.<sup>7,64</sup> A recent twin study merging schizophrenia and BD found genetic liability for these disorders to be associated with thinning of the right parahippocampal gyrus and right orbitofrontal cortex.11

It is not surprising that carriers of the risk allele had both poor cognition and cortical thinning, since these characteristics have shown strong association.<sup>66</sup> The mechanism through which *ANK3* could impact cortical thickness is not fully clear. *ANK3* promotes the propagation of action potentials,<sup>27</sup> and some researchers have posited that decreased *ANK3* expression in patients with schizophrenia could reduce pyramidal cell activation in the cortex.<sup>26</sup> Reduced cognitive activation has been associated with cortical thinning in individuals with schizophrenia.<sup>66</sup> Furthermore, it has been shown that cortical thinning in the frontal lobes of these patients is due to thinning of pyramidal cell layers.<sup>67</sup> Testing prospectively at multiple time points could verify if the risk allele is associated with progressive cortical thinning over time. However, Ankyrin G plays an important role in early development,<sup>26</sup> which could implicate developmental rather than progressive effects on cortical thickness.

Since schizophrenia and BD have been associated with decreased white matter<sup>31,32</sup> and *ANK3* is highly expressed in this tissue, we wondered whether the rs1938526 risk variant could decrease white matter volume. According to these data, white matter volume does not seem a likely mechanism through which rs1938526 affects cognition or risk for psychotic illness. Future studies could verify if variation in ANK3 affects white matter integrity using diffusion tensor imaging.

#### Limitations

One important limitation of this study was the lack of genetic information on a control sample. It would have been informative to test whether variation in *ANK3* would be associated with cognitive impairment and cortical thinning in controls in a similar manner as we observed in patients. Another limitation was the sample size. Carriers of the risk allele of rs1938526 made up only 15% of our sample, which is relatively small, especially for the brain structural analyses. Also

Table 3: Regions of cortical thinning in rs1938526 risk allele carriers at p < 0.01, false discovery rate-corrected

		Stereotaxic coordinates (MNI space)*			t value
Hemisphere; region	BA	х	у	z	vertex
Right hemisphere					
Medial frontal gyrus/rectal gyrus	11/10/25/32	4	34	-16	-3.8
Lingual gyrus/fusiform gyrus/culmen	19/18	25	-67	-5	-3.63
Parahippocampal gyrus/fusiform gyrus	36/20	39	-29	-26	-3.49
Inferior parietal lobule/postcentral gyrus	40/3/5	35	-39	54	-3.48
Inferior parietal lobule/postcentral gyrus	40/2	65	-25	28	-3.3
Lingual gyrus/inferior occipital gyrus	18/17	3	-92	-7	-3.28
Superior and middle frontal gyri	11	34	52	-13	-3.25
Cingulate gyrus/posterior cingulate/precuneus	31/7	3	-64	27	-3.25
Inferior and medial frontal gyri/rectal gyrus/ orbital gyrus	11/47/25	20	27	-23	-3.21
Supramarginal gyrus	40	58	-54	33	-3.18
Medial frontal gyrus/precentral gyrus	6	38	-6	58	-3.13
Precuneus	7/31	5	-58	44	-3.08
Middle frontal gyrus	6	35	0	59	-3.02
Inferior parietal lobule	40	45	-52	49	-2.97
Precuneus/superior occipital gyrus	19	36	-81	38	-2.94
Middle and superior frontal gyri	10/11	22	58	-6	-2.93
Precuneus	19/7	27	-74	29	-2.93
Medial frontal gyrus	32	7	8	51	-2.78
Middle and inferior occipital gyri	18	34	-88	-7	-2.78
Superior frontal gyrus	6	21	17	65	-2.76
Middle temporal gyrus	37	53	-65	0	-2.76
Left hemisphere					
Superior and middle frontal gyri/precentral gyrus	6/8/9	-21	8	54	-4.09
Inferior parietal lobule	40	-46	-42	46	-4.07
Precuneus	31/7	-4	-68	28	-4.07
Fusiform gyrus/parahippocampal gyrus	36/37/20	-41	-37	-23	-3.92
Inferior and medial frontal gyri/orbital gyrus	47/11/25	-20	21	-21	-3.69
Middle and inferior temporal gyri	20/21/37	-59	-41	-17	-3.21
Precentral gyrus	6/43/4/44	-58	-1	11	-3.20
Middle and inferior occipital gyri/fusiform gyrus	18/19	-45	-79	-14	-3.16
Cingulate gyrus/precuneus	31/7	-8	-47	42	-2.97
Middle temporal gyrus	37	-55	-64	-3	-2.74
Middle frontal gyrus	10	-42	55	-7	-2.68
Middle temporal gyrus	21	-61	-30	-6	-3.26
Lingual gyrus/parahippocampal gyrus/culmen	30/19	-17	-43	-5	-2.85
Lingual gyrus	18	-2	-81	-4	-2.89

BA = Brodmann area; MNI = Montreal Neurological Institute.

\*MNI coordinates refer to the maxima.

significantly fewer *ANK3* carriers had their cognition tested in their mother tongue; however, controlling for this factor had little impact on the effect of genotype.

These limitations are mitigated by several factors. First, *ANK3* is a strong candidate gene implicated in BD and schizophrenia. Second, the role of this gene in axon physiology provides a plausible mechanism through which it could affect neurocognition and brain structure. Third, it was encouraging that our findings of reduced grey matter in *ANK3* carriers were confirmed using 2 very different methods of analysis (cortical thickness and whole brain grey matter). Finally, although many studies examining the genetics of endophenotypes in psychiatric illness look only at healthy controls, there is a need to complement this literature with more studies examining these associations in clinical populations to ensure that variants are behaving in the same fashion in people who can be assumed to have a high degree of other risk factors and who actually have the disorder of interest,

thus exposing the interplay between the effects of the SNP and the neural pathology of the disorder. It is possible that a variant associated with worse cognition in controls can be associated with better cognition in patients with schizophrenia.<sup>68</sup> In populations with chronic illness, studying the genetics of endophenotypes may have limited usefulness owing to numerous confounds, such as long-term exposure to the effects of illness and its associated morbidity (long-term use of psychotropic medication, social deprivation, metabolic disorders and prolonged substance use), which introduce heterogeneity and reduce the power of genetic association studies. Although it is more challenging to study patients within the restricted timeframe of an FEP, taking the trouble to do so may be necessary to minimize such confounds.

#### Conclusion

The G allele of rs1938526 located in ANK3 was associated



**Fig. 1:** *t* Statistical maps of cortical thickness comparing carriers and noncarriers of the G allele at rs1938526. Negative values of the *t* statistic correspond to thinner cortex in rs1938526 risk (G) allele carriers. Carriers (n = 14) had a significantly thinner cortex than noncarriers (n = 68) at vertices shown in white at p < 0.01, false discovery rate (FDR)–corrected, and at vertices shown in violet at p < 0.05, FDR-corrected.

	Group, volume, mL; mean $\pm$ SD			
Brain area	rs1938526 AA n = 70	rs1938526 G carrier <i>n</i> = 14	Statistic	p value
Grey matter	683 ± 59	$633 \pm 66$	$F_{1.83} = 3.6$	0.06
White matter	$569 \pm 66$	$555 \pm 65$	$F_{183} = 0.06$	0.80
Cerebrospinal fluid	215 ± 34	202 ± 33	$F_{183} = 0.34$	0.56
Total intracranial	1467 ± 127	$1390 \pm 153$	$F_{1,83} = 0.84$	0.36
SD = standard deviation.				

with widespread cortical thinning and reduced cognitive performance across domains, but not with decreased white matter in patients with FEP. These findings suggest that cognitive deficits and cortical thinning could be mechanisms through which *ANK3* confers risk for psychotic disorders, as observed in GWAS.

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