

# The maternal brain in women with a history of early-life maltreatment: an imagination-based fMRI study of conflictual versus pleasant interactions with children

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**Background:** Early-life maltreatment has severe consequences for the affected individual, and it has an impact on the next generation. To improve understanding of the intergenerational effects of abuse, we investigated the consequences of early-life maltreatment on maternal sensitivity and associated brain mechanisms during mother–child interactions. **Methods:** In total, 47 mothers (22 with a history of physical and/or sexual childhood abuse and 25 without, all without current mental disorders) took part in a standardized real-life interaction with their 7- to 11-year-old child (not abused) and a subsequent functional imaging script-driven imagery task. **Results:** Mothers with early-life maltreatment were less sensitive in real-life mother–child interactions, but while imagining conflictual interactions with their child, they showed increased activation in regions of the salience and emotion-processing network, such as the amygdala, insula and hippocampus. This activation pattern was in contrast to that of mothers without early-life maltreatment, who showed higher activations in those regions in response to pleasant mother–child interactions. Mothers with early-life maltreatment also showed reduced functional connectivity between regions of the salience and the mentalizing networks. **Limitations:** Region-of-interest analyses, which were performed in addition to whole-brain analyses, were exploratory in nature, because they were not further controlled for multiple comparisons. **Conclusion:** Results suggest that for mothers with early-life maltreatment, conflictual interactions with their child may be more salient and behaviourally relevant than pleasant interactions, and that their salience network is poorly modulated by the brain regions involved in mentalizing processes. This activation pattern offers new insights into the mechanisms behind the intergenerational effects of maltreatment and into options for reducing these effects.

## Introduction

Early-life maltreatment (ELM) is estimated to occur in 25% of children<sup>1</sup> and has severe consequences for the affected individual, such as reduced theory of mind<sup>2</sup> and emotion regulation<sup>3</sup> capacities, lower relationship quality<sup>4</sup> and increased risk of developing mental disorders.<sup>5,6</sup> There is accumulating evidence that ELM has intergenerational impacts, such as effects on the child's temperament<sup>7</sup> and increased risk of child abuse.<sup>8</sup> Alterations in maternal caregiving behaviour constitute one possible pathway of this cycle of abuse.

Maternal sensitivity is the capacity to adequately respond to a child's cues. According to emotional availability scales, a mother with high sensitivity shows positive, creative, authentic and congruent communication with her child.<sup>9</sup> Reduced maternal sensitivity, on the other hand, is associated with behaviour problems and deficits in social competence in

children,<sup>10,11</sup> and poor maternal caregiving is related to risk of psychopathology and response to treatment in offspring.<sup>12,13</sup> A growing number of studies shows that ELM enhances the risk of poor maternal sensitivity. Physical childhood abuse has been associated with reduced maternal sensitivity and higher levels of maternal intrusiveness, hostility and more negative emotions toward the child<sup>14,15</sup>; sexual abuse has been associated with less positive mother–child interactions and higher levels of permissive and harsh parenting.<sup>16,17</sup>

Caregiving behaviour, such as maternal sensitivity, is regulated by brain circuits, including the salience, reward, empathy and emotion-regulation networks, known to be affected by early-life experiences and the mental health of mothers.<sup>18,19</sup> Previous studies have focused primarily on brain responses in healthy, non-maltreated mothers to the cues of either their own or unfamiliar infants. Data suggest that the maternal amygdala response is specific for a mother's

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own child, indicating an increased salience and personal relevance of the own infant's positive cues affecting the mother's responsiveness to the child.<sup>20</sup> Maternal neural response to infant stimuli has also been associated with attachment quality and caregiving behaviour. Mothers of insecurely attached children showed increased amygdala activation to their infant's crying,<sup>21</sup> and mothers' amygdala responses to negative infant faces has been linked to more intrusive interactions with their own infants.<sup>22</sup> Additionally, stronger anterior insula activation in response to negative infant stimuli has been reported in intrusive and depressed mothers.<sup>23,24</sup> Hence, increased salience of infants' negative cues and heightened affective response to them may promote emotionally overwhelmed, intrusive responses in mothers, instead of sensitive exchange and bonding with the child. Furthermore, sensitive mothers show stronger activations in the lateral frontal pole region and inferior frontal gyrus as a result of negative cues from their own infant,<sup>23,25</sup> and non-depressed mothers (but not depressed mothers) showed greater response to their infant's cry in the dorsal anterior cingulate cortex.<sup>26</sup> These findings suggest that activations in maternal frontolimbic regions as a result of negative infant cues seem to be crucially involved in regulating and inhibiting automatic negative emotional responses toward their infant (inferior frontal gyrus) and in evaluating the emotional input and selecting a response to the child (dorsal anterior cingulate cortex). Furthermore, the hippocampus may also play a significant role in adaptive maternal behaviour. For instance, Musser and colleagues<sup>23</sup> have hypothesized that stronger hippocampal activation in more sensitive mothers in response to their own infant's cry might point to the ability to recall previous interactions with their child that helped them cope with stressful emotions.

Several studies have linked ELM to functional alterations in brain regions involved in salience and emotion processing, such as increased amygdala activation to (adult) sad faces,<sup>27</sup> increased salience of emotionally negative stimuli<sup>28</sup> and decreased connectivity within the salience network,<sup>29</sup> but very little is known about the neuronal correlates of maternal responsiveness in people with ELM. The only previous studies investigating neural responses to infant cues in traumatized mothers (with posttraumatic stress disorder) showed higher amygdala and insula activations and reduced prefrontal activations to videos of their distressed children compared with healthy controls.<sup>30,31</sup> Additionally, to our knowledge, no study up to now has used an ecologically valid paradigm to investigate a complex (namely, conflictual) mother-child interaction to challenge maternal sensitivity and the mother's ability to regulate her emotions.

In this study, we investigated the neural correlates of maternal responses in mothers with ELM compared to mothers without ELM in response to interactions with their own child and an unfamiliar child. Importantly, to specifically address the consequences of ELM for the neural correlates of mother-child interactions, we included only mothers without current mental disorders and controlled for a lifetime history of mental disorders. First, we assessed maternal sensitivity in a standardized real-life interaction with their own

primary-school-aged (7 to 11 years) child. Then, we included mothers in a standardized, script-driven functional imaging paradigm, in which they were instructed to imagine brief episodes of conflictual and pleasant mother-child interactions. We expected mothers with ELM to be less sensitive than mothers without ELM; to show stronger neuronal activations in regions of the salience and emotion-processing networks (amygdala, insula), as well as in the hippocampus; and to exhibit decreased functional connectivity between cortical and subcortical areas in response to conflictual versus pleasant mother-child interactions with their own child. In contrast, we expected conflictual scripts to trigger enhanced activations in regions of the emotion regulation network (particularly inferior frontal gyrus and anterior cingulate cortex) in mothers without ELM. Furthermore, we investigated the association between neuronal activations and maternal sensitivity.

## Methods

### *Participants*

Originally, 29 mothers with a history of physical and/or sexual abuse (ELM) and 28 mothers without such a history (controls) participated in the study, along with their 7- to 11-year-old children (German primary-school age). However, because of head movement 10 participants were excluded from further analysis (Appendix 1, available at [jpn.ca-170026-a1](http://jpn.ca-170026-a1)), so that the final sample contained 22 mothers with ELM and 25 control mothers. Six mothers with ELM reported experiences of neglect or psychological abuse in addition to physical and/or sexual abuse; none of the control mothers reported any type of abuse. None of the mothers had a current mental disorder, but 9 mothers with ELM had had a lifetime diagnosis (Appendix 1). The groups were matched for the mother's and child's age, child's sex and mother's years of education (Table 1). Exclusion criteria consisted of current mental disorders; neurologic disorders; lifetime diagnosis of schizophrenia, schizoaffective disorder or bipolar disorder; substance use in the previous 6 months; psychotropic medication use; severe medical illness in the mother or child; child endangerment; mother and child not living together. They were assessed by diagnostic interview (see Measures, below) and by directly asking the mothers and children. The controls had no lifetime mental disorders.

The study was performed in accordance with the Declaration of Helsinki and approved by the local ethics committee at the Faculty of Medicine, University of Heidelberg. Participants gave written informed consent before participation and received monetary compensation.

### *Measures*

We assessed maltreatment experiences using the Childhood Experience of Care and Abuse Interview,<sup>32</sup> and defined ELM as physical and/or sexual abuse before the age of 18 years according to the interview, which can be regarded as the gold

**Table 1: Demographic, psychometric and rating characteristics**

Characteristic	ELM ( <i>n</i> = 22)*	Controls ( <i>n</i> = 25)*	<i>t</i> / $\chi^2$	<i>p</i> value
<b>Mothers</b>				
Age, yr	39.9 ± 6.6	39.6 ± 4.9	0.179 <sup>†</sup>	0.858
Education, yr	17.9 ± 4.0	16.4 ± 3.1	1.461 <sup>†</sup>	0.151
HAM-D score	2.8 ± 3.7	0.9 ± 1.3	2.355 <sup>†</sup>	0.027
EAS sensitivity	4.0 ± 1.0 (2.0–6.0)	4.5 ± 1.0 (2.5–6.5)	−1.750 <sup>†</sup>	0.044 (1-tailed)
fMRI vividness ratings, all interactions	4.14 ± 0.58 (2.73–4.88)	4.30 ± 0.54 (2.67–5.0)	−0.942 <sup>†</sup>	0.351
fMRI anger ratings, own child conflictual interactions	4.12 ± 0.70 (2.5–5.0)	4.41 ± 0.64 (2.5–5.0)	−1.476 <sup>†</sup>	0.147
fMRI arousal ratings, own child conflictual interactions	3.92 ± 0.75 (2.5–5.0)	3.97 ± 0.63 (2.5–5.0)	−0.236 <sup>†</sup>	0.815
<b>Children</b>				
Age, yr	8.1 ± 1.0	7.8 ± 1.0	0.693 <sup>†</sup>	0.492
Male/female, %	45.5/54.5	52/48	0.201 <sup>§</sup>	0.654

EAS = Emotional Availability Scales; ELM = early-life maltreatment; fMRI = functional magnetic resonance imaging; HAM-D = Hamilton Rating Scale for Depression; SD = standard deviation.

\*Data are mean ± SD (range) unless indicated otherwise.

<sup>†</sup>Degrees of freedom = 45.

<sup>‡</sup>Degrees of freedom = 25.4.

<sup>§</sup>Degrees of freedom = 1.

standard in retrospective evaluation of childhood trauma.<sup>33</sup> We assessed maternal sensitivity in a standardized real-life mother–child interaction using the Emotional Availability Scales (EAS; Appendix 1).<sup>34</sup> We used the Structured Clinical Interview for DSM-IV Axis I<sup>35</sup> and the International Personality Disorder Examination<sup>36</sup> to assess lifetime axis I and II disorders, and we measured depression using the Hamilton Rating Scale for Depression (HAM-D).<sup>37</sup> Interviews were conducted by qualified and trained diagnosticians (Masters degree in psychology).

### Functional MRI paradigm

We assessed neural correlates of maternal responses in a script-driven imagery paradigm that consisted of 16 acoustically presented, standardized brief scripts of mother–child interactions. The scripts included 4 experimental conditions — conflictual versus pleasant interactions with one's own or an unfamiliar child (4 different scripts per condition) — and were presented in a pseudorandomized order in 2 sessions separated by an approximately 8 min break for structural magnetic resonance scanning. Each script started with a 15 s baseline (no stimulation), followed by a 23 s description of a mother–child interaction read by a professional actor, a 15 s postscript imagination phase and then vividness, arousal and anger ratings (1 to 5, none to very much). Participants were instructed to close their eyes, listen to the scripts and vividly imagine the presented interactions. In line with previous studies<sup>38–41</sup> and to avoid the effects of different acoustic input, we used only the 15 s imagination phases in the fMRI analyses (Appendix 1).

### Functional MRI data acquisition

We performed functional imaging on a 3 T whole-body magnetic resonance scanner (Tim Trio; Siemens) equipped with a 32-channel head coil. In each volume, we acquired 33 transverse slices (slice thickness = 3 mm). We used a  $T_2^*$ -sensitive gradient echo-planar imaging sequence (repetition time = 2000 ms, echo

time = 30 ms; flip angle = 78°; field of view = 92 × 192 mm; in-plane resolution 3 × 3 mm). Isotropic high-resolution (1 × 1 × 1 mm<sup>3</sup>) structural images were recorded using a  $T_1$ -weighted sagittally oriented MPRAGE sequence.

### Statistical analysis

We analyzed group differences (ELM versus controls) in demographic and psychometric data, and in vividness, anger and arousal ratings during the fMRI task using 2-sample *t* tests for continuous data and  $\chi^2$  tests for categorical data (IBM SPSS, version 22.0). We also performed analyses of covariance on EAS sensitivity, with mother's lifetime diagnosis of a mental disorder and child's age as covariates. With regard to our a priori hypothesis, we chose 1-tailed tests for EAS sensitivity. All other results report 2-tailed tests.

We used statistical parametric mapping (SPM8, Wellcome Department of Imaging Neuroscience) for fMRI data preprocessing (Appendix 1). We constructed a design matrix for each participant by defining the listening and imagination phases of the scripts (convolved with a canonical hemodynamic response function) as separate regressors for the 4 combinations of interaction (conflictual, pleasant) and child identity (own, unfamiliar), as well as 1 regressor each for the baseline and the rating phases. We included 6 movement parameters; fMRI time series were high-pass filtered (cutoff 120 s), and temporal autocorrelation was modelled as a first-order autoregressive process.

We assessed consistent effects across participants and between groups in a random effects multiple regression analysis with 8 contrast images (conflictual–own versus baseline, conflictual–unfamiliar versus baseline, pleasant–own versus baseline, and pleasant–unfamiliar versus baseline for each group), which represented estimated effects of the 3 experimental factors group (ELM, controls), mother–child interaction (conflictual, pleasant) and child identity (own, unfamiliar). We included EAS sensitivity in the multiple regression analysis in condition-specific (group × interaction × child

identity) regressors, generating another 8 regressors. We included lifetime diagnosis of a mental disorder and child's age as covariates of no interest.

To test our hypotheses regarding differences between the ELM and control groups when imagining interactions with their own child, we calculated the 2-way group (ELM, control)  $\times$  mother-child interaction (conflictual, pleasant) separately for the mother's own and the unfamiliar child. For whole-brain analyses, we applied a significance level of 5% (family-wise-error correction for multiple comparisons). To this end, we combined a voxel-level threshold of  $p < 0.005$  (uncorrected) with a nonarbitrary cluster-extent threshold. The reasoning behind this was that voxel values in fMRI data are not independent of each other, which should result in spatially extended clusters of significantly activated voxels.<sup>42</sup> We determined the cluster-extent threshold ( $k = 75$ ) resulting in a corrected probability of 5% for false positives using the latest version of the AFNI routine 3dFWHMx to estimate an ACF model on the basis of our data and then entering the resulting parameters (a, b, c) 0.330546, 5.11517, 11.465 into 3dClustSim to estimate the minimum cluster size for our current data. We also performed region-of-interest (ROI) analyses for bilateral amygdala, insula, hippocampus, anterior cingulate cortex and inferior frontal gyrus ( $p_{\text{FWE}} < 0.05$ ; Appendix 1). Regions for ROI analyses were chosen because of their significance for maternal caregiving behaviour, and images were anatomically defined according to Automated Anatomical Labelling using the WFU Pick Atlas Tool and applying a small-volume correction.

Next, we performed generalized psychophysiological interaction (gPPI) analyses<sup>43</sup> to test whether the coupling of the amygdala and insula with other brain regions during the imagination of conflictual versus pleasant interactions with one's own child differed between groups (seed regions: right amygdala, peak voxel  $x, y, z = 30, -7, -14$ ; right insula, peak voxel  $x, y, z = 39, 8, 4$ ; left insula, peak voxel  $x, y, z = -33, -7, 22$ ; Appendix 1) using a multiple regression design as described above (including lifetime diagnosis of a mental disorder and child's age as covariates of no interest), but without including EAS sensitivity. Results were thresholded using the same procedure as for the functional analyses: that is, resulting in a corrected  $p$  value  $< 0.05$  (cluster-extent threshold:  $k > 75$ ).

Finally, we tested whether neural activations in response to conflictual versus pleasant interactions were associated with EAS sensitivity. To do this, we performed hypothesis-driven ROI analyses for bilateral amygdala, insula, hippocampus, anterior cingulate cortex and inferior frontal gyrus on contrasts comparing conflictual versus pleasant interactions with one's own child on the regressors parameterizing interindividual differences in EAS sensitivity on task-relevant conditions separately for each group. We then tested whether these effects were specific to one group and significantly weaker in the other. We accomplished this by masking the statistical map describing the (conflictual versus pleasant interaction with own child  $\times$  EAS sensitivity) effect in the first group with the statistical map describing the ([group  $\times$  conflictual versus pleasant interaction with own child]  $\times$  EAS

sensitivity) contrast, with the activated voxels having to survive at an uncorrected  $p$  value of 0.05 (masking procedure).<sup>44</sup>

## Results

### *Demographic, psychometric and rating data*

As expected, ELM mothers interacted less sensitively with their child than control mothers, according to the EAS ( $t_{45} = -1.750, p < 0.05$ , 1-tailed), even when controlling for the child's age ( $F_{1,44} = 2.864, p < 0.05$ , 1-tailed). However, when controlling for mothers' lifetime diagnosis of mental disorder, the group effect (ELM versus control) no longer reached significance ( $F_{1,44} = 1.307, p = 0.259$ ), nor did the effect of the covariate lifetime diagnosis ( $F_{1,44} = 0.437, p = 0.512$ ). Scores on the HAM-D differed between the ELM and control groups ( $t_{25,4} = 2.355, p < 0.05$ ). Nevertheless, mean HAM-D values in both groups were in a very low normal range, without clinical relevance (HAM-D  $< 10$ ), and none of the mothers fulfilled the criteria for a current depressive episode.

Mothers were able to vividly imagine the mother-child interaction scripts as indicated by mean  $\pm$  standard deviation vividness ratings of  $4.25 \pm 0.57$  on a scale of 1 to 5 (no significant group difference [ $t_{45} = -0.958, p = 0.343$ ]). Across groups, participants indicated higher feelings of anger after conflictual rather than pleasant interactions ( $t_{65,254} = 27.388, p < 0.01$ ).

### *Functional MRI data*

#### **Group $\times$ mother-child interaction**

We were particularly interested in the group  $\times$  mother-child interaction effect, and whether it was related to the child's identity. As expected, compared with control mothers, whole-brain analyses revealed increased activations in mothers with ELM in the right amygdala (peak voxel:  $x, y, z = 30, -7, -11$ ) and left insula (peak voxel:  $x, y, z = -33, -7, 22$ ), and also in the right supplementary motor area (peak voxel:  $x, y, z = 12, -22, 67$ ) and right middle frontal gyrus (peak voxel:  $x, y, z = 21, 47, 31$ ) to conflictual versus pleasant interactions with their own child, irrespective of lifetime diagnosis of mental disorder and child's age (Table 2). We found the opposite pattern (i.e., stronger activations to pleasant versus conflictual interactions) in controls in the same regions. These results were confirmed and extended in ROI analyses, which showed significantly stronger activations in ELM mothers to conflictual versus pleasant interactions in the right amygdala (Fig. 1A), bilateral hippocampi ( $p_{\text{FWE}} < 0.05$ ), and by trend in the right insula ( $p_{\text{FWE}} = 0.097$ ; Fig. 1B; Table 2). We did not find significant effects in the inferior frontal gyrus or anterior cingulate cortex in emotion-regulation areas. Notably, the described effects were specific to interactions with one's own child; the group  $\times$  mother-child interaction contrast for scripts with an unfamiliar child did not result in significant effects. Furthermore, ELM mothers did not show stronger brain activations to pleasant versus conflictual interactions with their own child compared with controls, and controls did not show stronger activations to conflictual versus pleasant interactions compared with ELM mothers.

**Table 2: Peak effects for group (ELM v. control) × mother–child interaction (conflictual v. pleasant)\***

Contrast	Cluster size k	t	p value	Peak voxel MNI, x, y, z (mm)	Anatomic location of peak voxel
<b>Whole-brain analyses</b>					
ELM > control: conflictual > pleasant (control > ELM: pleasant > conflictual) with <b>own</b> child	260	4.27	< 0.001 <sup>†</sup>	–39, –34, –11	Parahippocampal gyrus
	403	4.15	< 0.001 <sup>†</sup>	12, –22, 67	Supplementary motor area
	376	3.92	< 0.001 <sup>†</sup>	30, –7, –11	Amygdala
	445	3.85	< 0.001 <sup>†</sup>	–33, –7, 22	Insula
	227	3.78	< 0.001 <sup>†</sup>	21, 47, 31	Middle frontal gyrus
	150	3.56	< 0.001 <sup>†</sup>	12, 8, 40	Middle cingulate cortex
ELM > control: pleasant > conflictual (control > ELM: conflictual > pleasant) with <b>own</b> child					No significant activations
ELM > control: conflictual > pleasant (control > ELM: pleasant > conflictual) with <b>unfamiliar</b> child					No significant activations
ELM > control: pleasant > conflictual (control > ELM: conflictual > pleasant) with <b>unfamiliar</b> child					No significant activations
<b>Region-of-interest analyses</b>					
ELM > control: conflictual > pleasant (control > ELM: pleasant > conflictual) with <b>own</b> child	8	3.36	0.025 <sup>‡</sup>	30, –7, –14	Amygdala
	161	3.49	0.097 <sup>‡</sup>	39, 8, 4	Insula
	44	3.8	0.023 <sup>‡</sup>	–15, –34, 7	Hippocampus
	32	3.68	0.033 <sup>‡</sup>	–24, –22, –11	Hippocampus
	95	3.68	0.033 <sup>‡</sup>	36, –22, –11	Hippocampus
ELM: correlation sensitivity × BOLD signal (conflictual > pleasant) masked with correlation sensitivity × (group × interaction)	10	4.01	0.021 <sup>‡</sup>	–27, 14, –17	Insula
	14	3.91	0.028 <sup>‡</sup>	36, 20, –14	Insula
	6	2.98	0.069 <sup>‡</sup>	27, 2, –20	Amygdala
Control: correlation sensitivity × BOLD signal (pleasant > conflictual) masked with correlation sensitivity × (group by interaction)					No significant activations

BOLD = blood oxygen–level dependent; ELM = early-life maltreatment; MNI = Montreal Neurological Institute.

\*Covariates of interest: lifetime mental disorder and child's age.

<sup>†</sup>Uncorrected.

<sup>‡</sup>Family-wise error corrected.

### Functional connectivity: group × mother–child interaction

Using the right amygdala as seed region, the gPPI analysis revealed reduced functional connectivity with the thalamus (peak voxel = 6, –10, 2) and precuneus (peak voxel:  $x, y, z = -3, -64, 19$ ) to conflictual versus pleasant interactions in ELM mothers compared with controls when controlling for the influence of a previous mental disorder and the age of the child. A second gPPI analysis using the right insula as seed region revealed reduced functional connectivity with the right hippocampus ( $p_{\text{FWE}} < 0.05$ ; peak voxel:  $x, y, z = 30, -25, -8$ ) and by trend with the right amygdala ( $p_{\text{FWE}} = 0.057$ ; peak voxel:  $x, y, z = 30, -1, -14$ ) in ELM compared with controls in ROI analyses (Table 3 and Fig. 2A and 2B). We found no significant functional connectivity using the left insula as seed region. Again, the functional connectivity analyses were specific to interactions with one's own child and revealed no significant effect for group × mother–child interaction with an unfamiliar child.

### Associations with maternal sensitivity

In ELM mothers, EAS sensitivity was positively associated with activations in the bilateral insula ( $p_{\text{FWE}} < 0.05$ ; peak voxel:  $x, y, z = -27, 14, -17$ ; 36, 20, –14) and by trend in the right amygdala ( $p_{\text{FWE}} = 0.069$ ; peak voxel:  $x, y, z = 27, 2, -20$ ) to conflictual versus pleasant interactions with their own child. These associations were specific to the ELM group and

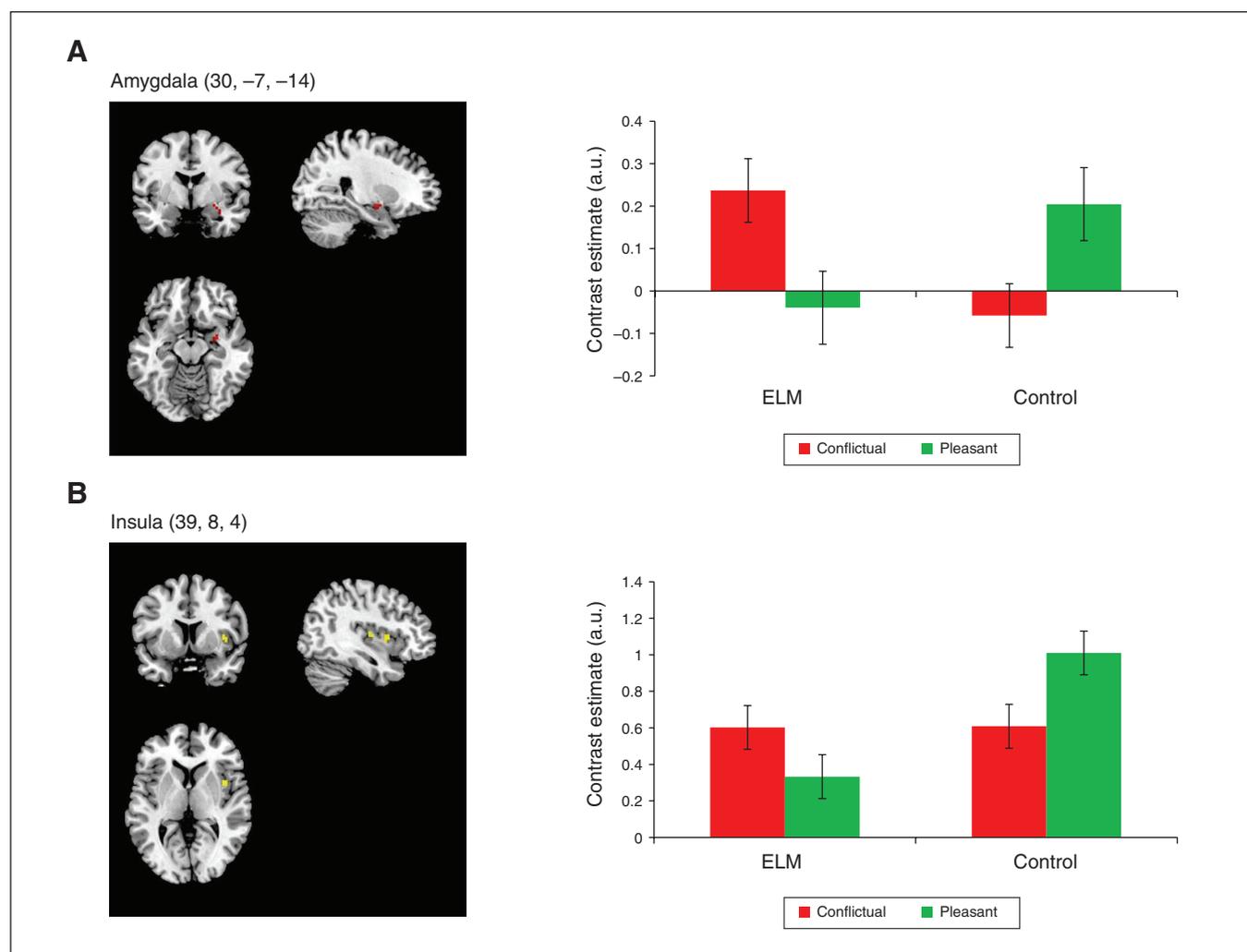
not found in the control group (Table 2). In the control group, we found no significant associations between maternal sensitivity and activations to pleasant versus conflictual interactions in the predefined ROIs.

## Discussion

This study in mothers with a history of ELM sheds light on the effects of ELM on the next generation, because it identified altered activations in the maternal brain in response to imagination of conflictual interactions with the mother's own child. Consistent with previous reports,<sup>15,45</sup> mothers with ELM were less sensitive in a standardized interaction with their child than mothers without ELM. Notably, our data suggest that maternal lifetime diagnosis of a mental disorder in addition to ELM exerted a negative influence on maternal sensitivity. At the neural level, ELM mothers showed stronger activation in the amygdala, insula, hippocampus and supplementary motor area in response to conflictual interactions with their own child, irrespective of lifetime history of a mental disorder. In contrast, mothers without ELM showed higher activation in the amygdala, insula, hippocampus and supplementary motor area when imagining pleasant interactions with their child. Notably, we found no significant activations for mother–child interactions with an unfamiliar child.

The finding of stronger amygdalar and insular activation in response to negative cues is common in people with post-traumatic stress disorder or early-life adversities<sup>46–48</sup> and might indicate a sensitization to conflictual or threatening stimuli because of adverse experiences. Additionally, our findings in ELM mothers also parallel previous reports of elevated activations in the insula of intrusive mothers<sup>23</sup> and in the amygdala of mothers with insecurely attached children in response to negative cues from their own versus an unfamiliar infant, along with elevated activations in the parahippocampal gyrus.<sup>21</sup> The latter has been discussed in line with attachment-related processes, which might bias maternal responses to one's own child. The present finding of stronger hippocampal activations in mothers with ELM while imagining conflictual versus pleasant interactions with their own child might indicate that negative interactions with their child provide a stronger activation of a social cognitive map,

representing behaviourally relevant context factors of acquired social knowledge that guides the mother's interaction with her child.<sup>49–51</sup> In addition to higher hippocampal activation, we found a disturbed interplay between hippocampus and insula. Most interestingly, pleasant interactions with their own child appeared not to work as salient cues in ELM mothers and may therefore not facilitate sensitive caregiving behaviour. Instead, increased activations in the amygdala and insula as well as in the supplementary motor area in ELM mothers indicate a sensitization to and a high salience and behavioural relevance of conflictual rather than pleasant interactions. This is also supported by the results of the connectivity analyses, which suggest a reduced interplay among regions of the salience network, along with a reduced coupling between regions of the salience (amygdala, insula, thalamus) and mentalizing (precuneus) networks during conflictual versus pleasant interactions in ELM mothers. In line with



**Fig. 1:** Blood oxygen–level dependent activations in conflictual versus pleasant interactions with the mother's own child. The figure depicts the group  $\times$  mother–child interaction contrast. Mothers with early-life maltreatment (ELM) showed increased activations in the (A) amygdala and (B) insula for conflictual versus pleasant interactions with their own child, while control mothers showed the opposite pattern. Contrast estimates (adjusted units) of amygdala and insula are presented, with error bars representing the standard error of the mean. Data are extracted from a 2 mm sphere around the peak voxel.

**Table 3: Peak functional connectivity effects for group (ELM v. control) × mother–child interaction (conflictual v. pleasant)\***

Contrast	Cluster size k	t	p value	Peak voxel MNI, x, y, z (mm)	Anatomic location of peak voxel
Seed: amygdala (30, -7, -14; 2 mm radius sphere)					
ELM < control: conflictual < pleasant (control > ELM: conflictual > pleasant) with <b>own</b> child	201	4.22	< 0.001 <sup>†</sup>	6, -10, 2	Thalamus
	109	3.44	< 0.001 <sup>†</sup>	-3, -64, 19	Precuneus
ELM < control: conflictual < pleasant (control > ELM: conflictual > pleasant) with <b>unfamiliar</b> child				No significant activations	
Seed: insula (39, 8, 4; 2 mm radius sphere)					
ELM < control: conflictual < pleasant (control > ELM: conflictual > pleasant) with <b>own</b> child	18	4.05	0.012 <sup>‡</sup>	30, -25, -8	Hippocampus
	10	3.09	0.057 <sup>‡</sup>	30, -1, -14	Amygdala
ROI analyses					
ELM < control: conflictual < pleasant (control > ELM: conflictual > pleasant) with <b>unfamiliar</b> child				No significant activations	

ELM = early-life maltreatment; MNI = Montreal Neurological Institute; ROI = region of interest.

\*Covariates of interest: lifetime mental disorder and child's age.

<sup>†</sup>Uncorrected.

<sup>‡</sup>Family-wise error corrected.

previous reports of ELM-related alterations in functional connectivity between brain regions of emotion, salience and mentalizing networks<sup>29,52</sup> the present results may reflect a disturbed interplay within the salience network and a disturbed modulation of the salience network through mentalizing processes that support sensitive maternal responses in conflictual interactions with one's own child. Notably, control mothers showed an opposite neural response pattern, with increased activations in the insula, amygdala and supplementary motor area in response to pleasant versus conflictual mother–child interactions. This result was consistent with previous findings of enhanced amygdala responses to happy versus sad faces of one's own infant, but not of an unfamiliar infant, in healthy mothers.<sup>20</sup> Supplementary motor area activation may underline the relevance of pleasant interactions for initiating actions and approaching the child.

Finally, in ELM mothers, maternal sensitivity was positively related to bilateral insula and amygdala activations to conflictual versus pleasant interactions. This finding might reflect that a sensitization to conflictual or threatening stimuli after adverse childhood experiences results in being particularly vigilant and responsive to negative interactions with one's own child but not in responding to pleasant interactions, as is characteristic for control mothers.

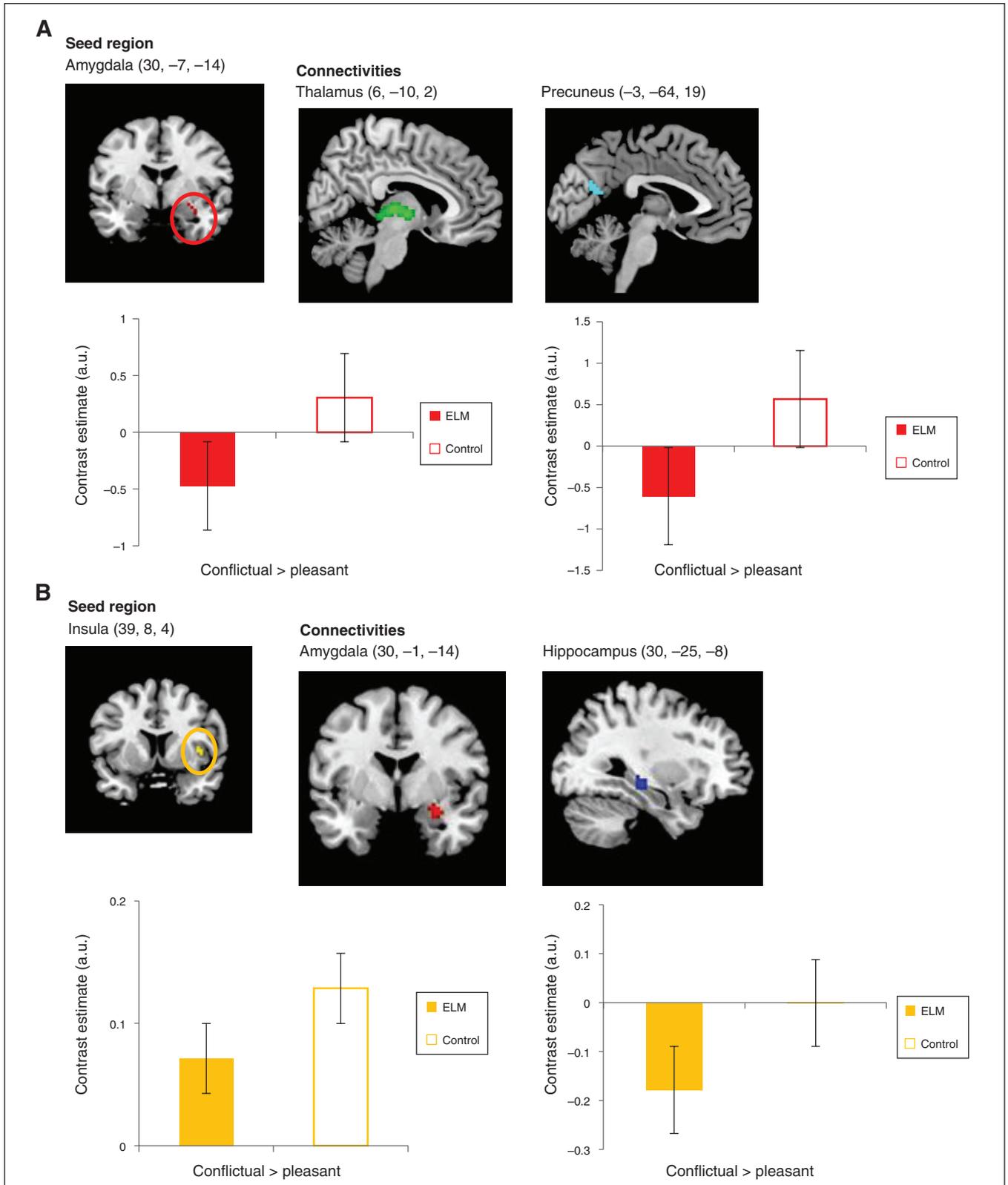
We want to stress that in this sample, none of the participating children was abused. When interpreting the results, one should bear in mind that the cycle of abuse was not fulfilled in this sample, but that the findings showed neural and behavioural alterations after ELM nonetheless. These alterations may add to a better understanding of the mechanisms behind the intergenerational effects of adverse childhood experiences, such as physical and sexual abuse.

Our study had several strengths. First, we examined a standardized real-life mother–child interaction as well as fMRI data from a script-driven imagery paradigm depicting mother–child interactions in mothers with ELM and a non-ELM control group. Since lifetime history of a mental

disorder influenced maternal sensitivity, we controlled for this in the fMRI analyses, underlining the specificity of the observed neural changes for ELM. Contrary to previous studies,<sup>19–26</sup> we focused on mothers of primary-school-aged children, an age group that, to our knowledge, has not been addressed before.

### Limitations

Findings should be considered in the light of the study's limitations, which suggest further studies are needed. First, because of the relatively small sample size, results should be replicated in a larger group. Notably, ROI analyses, which were performed in addition to whole-brain analyses, were exploratory in nature since — except for family-wise error corrections — they were not further controlled for multiple comparisons. Second, ELM was defined as sexual and/or physical abuse before age 18 years, based on an extensive retrospective interview. Despite the advantages of this approach, the interview data and the sample size did not allow for a finer differentiation of age at onset of ELM or inclusion of other trauma types, such as emotional abuse or neglect, which have also been shown to have neurobiological impacts. Third, previous research shows that the function of the parental brain is modified by current mental illness,<sup>53</sup> and is programmed early on by psychopathologies, such as depression.<sup>54</sup> This is why we excluded current mental disorders and controlled for a lifetime history of mental disorders. However, although subthreshold depressive symptoms might have exerted an influence on maternal behaviour and brain functioning, they were not controlled for, because they are highly common in people with a history of serious ELM,<sup>55–57</sup> and thus represent typical sequelae of ELM rather than a distinct condition. Future studies could compare ELM mothers with and without a history of a mental disorder, making it possible to draw conclusions about the effects of early programming of the maternal brain by depression and other mental disorders.



**Fig. 2:** Reduced functional connectivities in conflictual interactions versus pleasant interactions with their own child in mothers with early-life maltreatment (ELM). In mothers with ELM, interplay (A) between the amygdala (seed region) and the thalamus and precuneus, as well as (B) between the insula (seed region) and the amygdala and hippocampus was diminished. Contrast estimates (adjusted units) depict functional connectivity for conflictual > pleasant interactions with the mother's own child. Data are extracted from a 2 mm sphere around the peak voxel.

Finally, data based on the imagination of behaviour cannot be equated with real-life behaviour; conclusions about real-life maternal behaviour should be drawn with caution. However, there is accumulating evidence that the imagination of behaviour evokes neural responses that are similar to actual behaviour.<sup>58–60</sup> Thus, the imagination-based paradigm does appear to be a valid approach for studying neural correlates of maternal behaviour.

## Conclusion

Taken together, the reported findings may suggest that mothers with ELM, irrespective of current or lifetime mental disorders, are sensitized to and experience conflictual interactions with their child as more salient or evaluate them as more relevant for their maternal behaviour, as reflected in higher amygdala, insula and supplementary motor area activity; at the same time, they show impaired modulatory mentalizing processes. In contrast, consistent with previous studies, non-ELM mothers' amygdala response was more exaggerated in relation to pleasant interactions with their child, favouring positive mother–infant exchange and bonding. Our findings provide new and unique evidence for neuronal mechanisms implicated in the intergenerational effects of experiences of ELM, and we hope that they will stimulate future research into interventions to improve caregiving behaviours in maltreated mothers.

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